

PLEDGE OF EXCELLENCE

Life Time Fitness is committed to helping you enjoy a healthier, more active life. We know proper nutrition is critical to achieving optimal health and fitness. We also recognize how difficult it is to make all those essential nutrients a part of your daily life. That's why we've combined our experience, commitment and knowledge to create a superior line of exclusive nutritional supplements. You can count on Life Time Fitness for scientifically sound, premium-quality products that give your body perfectly timed, precisely formulated daily support.

- Made from ingredients in effective combinations and dosages
- Produced by highly credible manufacturers in the industry
- Developed using the latest technology and research with scientifically studied nutrients
- 100% Satisfaction Guarantee



Manufactured For: Thorne Research, Inc.
Formulated by: Life Time Fitness, Inc.
2902 Corporate Place, Chanhassen, MN 55317

Formulated by the healthy way
of life experts at Life Time Fitness,

our Whey Protein contains one of the highest quality whey proteins available. It comes from grass-fed cows that graze year-round on natural pastures. It's minimally processed to maintain its natural potency and powerful antioxidants. Add it to other foods or beverages to increase your protein intake before or after a workout.

With 22 grams of whey protein, 2.5 grams of fat, and 3 grams of sugar per serving, Life Time Fitness Whey Protein provides a high-quality source of protein your body needs for maximum strength and performance.*

Whey concentrate from 100%
grass-fed cows.

Hormone, pesticide, chemical
and GMO-free.

No artificial colors, flavors
or sweeteners.

Recommended Use: Mix one rounded scoop of powder
(31 grams) with 6 oz. of water or milk.

TO REORDER shop.lifetimefitness.com

*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.



NET WT 38.2 OZ (2.39 LB) | 1085 G

grass-fed whey protein

WHEY PROTEIN

Grass-Fed

Vanilla

dietary supplement

SUPPLEMENT FACTS

Serving Size: 1 Rounded Scoop (Approximately 31 g)
Servings Per Container: 35 (Approximately)

Approximate Amount Per Serving		%Daily Value
Calories	120	
Calories from Fat	25	
Total Fat	2.5 g	4%†
Saturated Fat	1 g	5%†
Trans Fat	0 g	**
Cholesterol	55 mg	18%†
Total Carbohydrate	4 g	1%†
Dietary Fiber	0 g	0%†
Soluble Fiber	0 g	**
Sugars	3 g	**
Other Carbohydrate	1 g	**
Protein	22 g	44%†
Calcium	80 mg	8%
Sodium	45 mg	2%
Potassium	170 mg	5%
Proprietary Enzyme Blend	30 mg	
Bromelain		**
Papain		**

† Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

OTHER INGREDIENTS: Whey Protein Concentrate, Flavors, Evaporated Cane Juice Solids, Xanthan Gum, Cellulose Gum, Sea Salt, Stevia extract (leaf) (Rebaudioside A 95%).

Contains an ingredient derived from milk (whey protein).

WARNING: If you are pregnant or nursing, have a medical condition or are taking any prescription drug, consult your physician or healthcare professional before taking this product.

KEEP OUT OF REACH OF CHILDREN.

Do not use if safety seal under cap is broken or missing. Store in a dry place and avoid excessive heat.

NOTICE: Use this product as a dietary supplement. Do not use for weight reduction.