

MCT SWIRL IS A NUTRITION REVOLUTION!

MCT Swirl is the only brain health formula with the taste and texture of a delicious fruit smoothie. Derived from plant sources, Medium Chain Triglycerides (MCTs) are lauded for boosting cognitive performance and memory.*

With superior absorption and all-natural Coconut flavor, MCT Swirl is the easiest and most delicious way to support optimal brain health.

- Delicious Coconut Smoothie Taste & Texture
- 5,400 mg (5.4 g) of MCT Per Serving
- Proprietary Amplified Absorption Technology*
- No Artificial Flavors or Colors
- No Sugar: Naturally Sweetened with Xylitol
- Gluten Free, Non-GMO, Vegan

SUGGESTED USE: 1 Tbsp daily. Enjoy right from the bottle or add to your favorite foods and beverages. Refrigerate after opening.

SHAKE WELL: Keep out of reach of children. Do not give to pets.

Amplified Absorption

Barlean's proprietary emulsification technology is designed to boost absorption and deliver significantly more nutritional value than standard supplements.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



FRESHNESS DATING



Swirl

MCT
SUPPLEMENT

AMPLIFIED
ABSORPTION™

Medium-Chain
Triglycerides (MCTs)
5,400 mg PER SERVING

Smoothie Taste
and Texture

Vegan Formula

Coconut

NET WT. 16 oz / 454 g

Supplement Facts

Serving Size 1 Tbsp (15 mL)

Servings Per Container 29

	Amount Per Serving	% Daily Value
Calories	50	
Calories from Fat	35	
Total Fat	5 g	8%*
Saturated Fat	5 g	25%*
Trans Fat	0 g	†
Polyunsaturated Fat	0 g	†
Monounsaturated Fat	0 g	†
Total Carbohydrate	6 g	2%*
Vitamin E	6 IU	20%
Medium Chain Triglycerides (MCTs):	5.4 g	†

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

INGREDIENTS: MCT oil (Coconut and/or Palm), water, xylitol, glycerine, gum arabic, natural flavors, citric acid, xanthan gum, guar gum, sorbic acid, Vitamin E (as d-alpha tocopherol), and ascorbyl palmitate.

LEARN MORE ABOUT A PATHWAY TO A BETTER LIFE:

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