

© 2005 Copyright Garden Greens™
All rights reserved. Made in the USA.

Distributed by:
Garden Greens™
21 Dwight Place
Fairfield, NJ 07004

TC# 31068460B12
ITEM# N5789



DIRECTIONS:

DAYTIME DETOX, take 9 tablets daily, 3 tablets with each meal;

NIGHTTIME FIBER, take 3 tablets in the evening, as a dietary supplement or as directed by a healthcare professional.

- Keep out of reach of children.
- Store at 15-30°C (59-86°F).
- Protect from heat, light and moisture.
- Do not ingest if inner seals are broken.

DAYTIME DETOX[†]

Supplement Facts

Serving Size: 1 tablet

Amount Per Serving

Herbal-Blend

620 mg*

Dandelion root, alfalfa leaf, Atlantic kelp, black cohosh root, buchu leaf, burdock root, cayenne pepper fruit, chickweed (aerial parts), echinacea (aerial parts), fennel seed, fenugreek seed, ginger root, ginkgo biloba leaf, grapefruit seed 10:1 extract, hawthorn berry, horsetail (aerial parts), Irish moss, licorice root, marshmallow root, milk thistle seed, mullein leaf, papaya leaf, peppermint leaf, plantain leaf, red clover flower, red raspberry leaf, safflower oil powder, scullcap root, slippery elm bark, uva ursi leaf, yarrow flower, yellow dock root and cranberry concentrate

* Daily value not established.

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid, croscarmellose sodium, silica, magnesium stearate, and pharmaceutical glaze.

CAUTION:

This product contains cascara sagrada and rhubarb root. Read and follow directions carefully.

Do not use if you have or develop diarrhea, loose stools, or abdominal pain because cascara and rhubarb may worsen these conditions and be harmful to your health.

Consult your physician if you have frequent diarrhea. If you are pregnant, nursing, taking medication, or have a medical condition, consult your physician before using this product.

NIGHTTIME FIBER[†]

Supplement Facts

Serving Size: 1 tablet

Amount Per Serving

Fiber-Blend

580 mg*

Cascara sagrada bark, psyllium seed husk, beet fiber, oat bran, apple pectin, rice fiber, acacia gum, alfalfa leaf, fennel seed, barley grass, guar gum, lemon balm leaf, peppermint leaf, red raspberry leaf, slippery elm bark, chlorella, ginger root, rhubarb root, bentonite trace minerals, glucomannan, *Lactobacillus acidophilus*, *Lactobacillus plantarum*, *Bifidobacterium bilidum*, and *Lactobacillus casei*

* Daily value not established.

Contains milk. May contain trace amounts of wheat.

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid, croscarmellose sodium, silica, magnesium stearate, and pharmaceutical glaze.

