

SUGGESTED USE Consume one or more capsules daily or as recommended by a health care professional. For best results, take this product with food containing a small amount of fat. This product is most effective as part of a healthy diet and active lifestyle, along with **ANDREW LESSMAN'S Life Rx™** multi-vitamin-mineral formulas. **For answers to questions about the use of this product call 800.800.1200.**

QUESTIONS? RE-ORDERS?
CALL 800.800.1200
www.ProCapsLabs.com

ProCaps
 LABORATORIES

ALL-SOLAR
 MANUFACTURING

430 Parkson Road
 Henderson, NV 89011

50 MG ALL NATURAL UBIQUINOL

TRUQ10-50

PROPRIETARY PROTECTIVE MICRO-GRANULES
INCREASED ABSORPTION AND AVAILABILITY



ProCaps
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 MANUFACTURING

240 Easy-to-Swallow Capsules

Andrew Lessman's TruQ10 is a unique breakthrough in the delivery of Coenzyme Q-10 (CoQ10). Most people do not realize that there are two beneficial forms of CoQ10, one called Ubiquinone (standard CoQ10) and the other Ubiquinol (**TruQ10**). These two forms of CoQ10 differ significantly in their activity. In fact, **TruQ10** is scientifically accepted as the more active, "working" form of CoQ10 and we must convert standard CoQ10 to **TruQ10** to achieve its benefits. By delivering **TruQ10** directly, we enhance the absorption, utilization and availability of CoQ10. It has long been accepted that both forms of CoQ10 must be present in all cells, since they are required for all energy production and for life itself. When CoQ10 goes to "work" in our body it does so as **TruQ10**; however, outside our body **TruQ10** is so fragile that until today it could not survive in a typical supplement. In fact, the creation of **TruQ10** is so unique, it's patented and we make it available in our proprietary protective micro-granules. All cells require abundant CoQ10 to produce energy and for protection from free radical damage and **TruQ10** is the form that most directly and powerfully provides these benefits. Plus, **TruQ10's** enhanced activity is desirable to everyone, since levels of CoQ10 and **TruQ10** can rapidly decline with age, stress, physical activity, health issues and certain medications, such as cholesterol-lowering statin drugs. **TruQ10** is found in the highest concentrations in the "hardest working" organs in the body, such as the heart, brain, liver and kidneys. Most importantly, **TruQ10** plays the primary active role on behalf of CoQ10 in all organs, tissues and cells producing all the energy required for our quality of life and good health.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts Serving Size 1 Capsule
 Servings Per Container 240

Amount Per Serving		%DV*
Vitamin C (as calcium ascorbate/palmitate)	300 mg	500%
Vitamin B1 (as thiamin hydrochloride)	5 mg	333%
Vitamin B2 (as riboflavin)	5 mg	294%
Niacin (as niacinamide)	5 mg	25%
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	250%
Folic Acid	50 mcg	13%
Vitamin B12 (as cyanocobalamin)	100 mcg	1667%
Biotin	50 mcg	17%
Pantothenic Acid (as calcium pantothenate)	5 mg	50%
Calcium (as calcium ascorbate/pantothenate)	30 mg	3%
TruQ10 (Natural Ubiquinol-Activated CoQ10)	50 mg	†

* %DV are based on a 2,000 calorie diet.

† DV not established.

Other Ingredients: Gelatin capsule.

NO ADDITIVES.