

SUPER COLON CLEANSE® POWDER

SUGGESTED USE: **Adults:** take 2 teaspoons (10 g) per day, mix well with at least 10-12 ounces of water, juice or your favorite beverage and drink immediately. The product may also be taken in two separate 1 teaspoon (5 g) servings twice per day. **Children:** (6 yrs to 12 yrs): 1/3 the adult dosage.

Use Super Colon Cleanse about every 2 months and for no more than 10 days at a time. **Suggested use for better results:** Super Colon Cleanse may be used alternatively with our top selling Colon Cleanse® Original. Use Super Colon Cleanse for a thorough cleansing periodically, followed by Colon Cleanse Original for maintenance in between.

Especially Helpful for those on a low carb diet*

NOTICE: This product contains Buckthorn and Senna. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Buckthorn and Senna may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication or have a medical condition.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For California Residents Only. Warning: This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

Keep this product out of reach of children. Store below 86°F (30°C).

SUPER Colon Cleanse®



• HELPS PROMOTE REGULARITY*

• GENTLE INTERNAL CLEANSING*

• HELPS WITH OCCASIONAL CONSTIPATION*

34 Servings

PSYLLIUM SUPPLEMENT WITH HERBS

NET WT. 12 OZ. (340g)

ESTABLISHED IN 1981

PROMOTES DIGESTIVE HEALTH*

GENERALLY PRODUCES A BOWEL MOVEMENT IN 6 TO 12 HOURS

one

STEP 1 IN A SYSTEM OF 8 BODY CLEANSING PRODUCTS FROM HEALTH PLUS®, INC.

Supplement Facts

Serving Size: 2 Teaspoons (10 g)
Servings Per Container: 34

Amount Per Serving	%Daily Value
Calories	35
Total Carbohydrates	7 g 2%**
Dietary Fiber	6 g 24%**
Vitamin A (as Beta Carotene)	263 IU 4%
Vitamin C	1 mg 2%
Calcium	90 mg 10%
Iron	8 mg 40%
Sodium	10 mg <1%**
Psyllium Husk Powder	5 g †
Senna Leaf Powder	3 g †
Fennel Seed	450 mg †
Papaya Leaf	450 mg †
Peppermint Leaf	380 mg †
Buckthorn Bark	190 mg †
Celery Seed	190 mg †
Barberry Root	190 mg †
Rose Hips	190 mg †
Acidophilus	150 mg †

** Percent Daily Values are based on a 2000 calorie diet
† Daily Value not established

Notice: This dietary supplement should be taken with at least a full glass of liquid. Taking this product without enough liquid may cause choking. Do not use this product if you have difficulty swallowing.

Manufactured by:
healthPLUS inc.
HEALTHY LIVING... OBVIOUSLY
CHINO, CA 91710 U.S.A. (800) 822-6225
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The next step in internal cleansing: While continuing with Colon Cleanse, also use the next 7 products in the Total Body Cleansing System:

- 2 Super Liver Cleanse™
- 3 Super Kidney Cleanse™
- 4 Super Blood Cleanse®
- 5 Super Adrenal Cleanse™
- 6 Super Heart Cleanse®
- 7 Super Joint Cleanse™
- 8 Super Prostate Cleanse™

COLON CLEANSE MAX Line:
For better results, include **SUPER FIBER BLEND®, DIGEST! CLEANSE®** and **PROBIOTIC FIBER™** in your cleansing regimen.

NOTICE: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. In case of accidental overdose, call a doctor or poison control center immediately.

