

Suggested Use: Take 1 tablet twice daily, with meals, as a dietary supplement, or as directed by a physician.

Warning: If you are taking any medications or are pregnant or nursing do not use prior to consulting a physician.

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.) Best if used by date on bottle. Store in a dry, cool place.

KEEP OUT OF REACH OF CHILDREN

Any Questions? 1-800-644-8327

Website: www.botanicchoice.com

Magnesium

250 mg.

60 TABLETS

Dietary Supplement

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	
Calcium (as dicalcium phosphate)	23 mg	2%
Phosphorus (as dicalcium phosphate)	18 mg	2%
Magnesium (as magnesium oxide)	250 mg	63%

OTHER INGREDIENTS: VEGETABLE STEARIC ACID, DICALCIUM PHOSPHATE, MICROCRYSTALLINE CELLULOSE, VEGETABLE MAGNESIUM STEARATE, AND AQUEOUS FILM COATING (PURIFIED WATER, HYDROXYPROPYL METHYLCELLULOSE, TITANIUM DIOXIDE, POLYETHYLENE GLYCOL).

DISTRIBUTED BY: INDIANA BOTANIC GARDENS, INC.
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