

Suggested Use: Take 1 softgel daily, preferably with a meal, as a dietary supplement, or as directed by a physician.

Warning: If you are taking any medications or are pregnant or nursing, do not use prior to consulting a physician. **Note*** Women who are pregnant or may become pregnant are recommended not to exceed 5,000 IU of Vitamin A per day.

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.)

Best if used by date on bottle. Store at room temperature.

KEEP OUT OF REACH OF CHILDREN

Any Questions? 1-800-644-8327

website: www.botanicchoice.com

Vitamin A
10,000 I.U.
90 SOFTGELS
Dietary Supplement

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Vitamin A	10,000 IU	200%
(as Retinyl Palmitate)		

OTHER INGREDIENTS: SOYBEAN OIL, GELATIN, VEGETABLE GLYCERIN, FISH LIVER OIL, PURIFIED WATER.

CONTAINS: FISH (ANCHOVY, MACKEREL, JACK, HERRING, MENHADEN, SARDINE, SMELT, BONITO, TUNA, SAND LANCE).

DISTRIBUTED BY: INDIANA BOTANIC GARDENS, INC.

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