

Suggested Use: For adult women, take one tablet daily, with a meal, as a dietary supplement, or as directed by a physician.

Warning: If you are taking any medications or are pregnant or nursing, do not use prior to consulting a physician. Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately. Note* Women who are pregnant or may become pregnant are recommended not to exceed 5,000 IU of Vitamin A per day.

***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.)
Best if used by date on bottle. Store at room temperature.
KEEP OUT OF REACH OF CHILDREN



Women's

Daily

Wellness™

with Iron

Total Health Support*

60 TABLETS

Dietary Supplement

Supplement Facts		
Serving Size 1 Tablet		
Amount Per Serving	% Daily Value	
Vitamin A (as Vitamin A Acetate and 20% as Beta-Carotene)	2,500 IU	50%
Vitamin C (as Ascorbic Acid)	60 mg	100%
Vitamin D (as D3 Cholecalciferol)	1,000 IU	100%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	22.5 IU	75%
Vitamin K (as Phytonadione)	25 mcg	31%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.5 mg	100%
Riboflavin (Vitamin B-2)	1.7 mg	100%
Niacin (as Niacinamide)	10 mg	50%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg	100%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	6 mcg	100%
Biotin (as d-Biotin)	30 mcg	10%
Pantothenic Acid (as d-Calcium Pantothenate)	5 mg	50%
Calcium (as Calcium Carbonate)	500 mg	50%
Iron (as Ferrous Fumarate)	18 mg	100%
Magnesium (as Magnesium Oxide)	50 mg	13%
Zinc (as Zinc Oxide)	15 mg	100%
Selenium (as Sodium Selenate)	20 mcg	29%
Copper (as Cupric Sulfate)	2 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Chromium Chloride)	120 mcg	100%
† Daily Value not established.		

OTHER INGREDIENTS: VEGETABLE CELLULOSE. CONTAINS <2% OF: CROSPVIDONE, FD&C BLUE NO. 2 LAKE, FD&C YELLOW NO. 5 LAKE, FD&C YELLOW NO. 6 LAKE, SILICA, STARCH, TITANIUM DIOXIDE COLOR, VEGETABLE MAGNESIUM STEARATE. CONTAINS: FISH (COD, POLLOCK, HADDOCK, HAKE, CUSK, REDFISH, SOLE, AND FLOUNDER).
DISTRIBUTED BY: INDIANA BOTANIC GARDENS, INC., HOBART, IN 46342
Any Questions? 1-800-644-8327
Website: www.botanicchoice.com

