

Freshest, Best Tasting & Most Nutritious – Naturally!

- Pressed Fresh – Made To Order
- Wholesome, Fresh Taste
- Only "Freshness Dated" flax oil
- Pure, unfiltered, unrefined, capturing nature's full bounty

#1 Best Selling Flax Oil*

- Gold Medal VITY Award Winner
- Gold Medal Taster's Choice Award
- Top 10 Best Selling Natural Products*

*AC Nielsen Syndicated Market Data

ESTD 1989

BARLEAN'S
ORGANIC OILS



Fresh

FLAX OIL

Nurture and nourish your body with Barlean's Organic Oils, fresh from our handcrafted press and abundant in vital and essential Omega-3 fatty acids. Each drop is pure and pristine, unrefined and unfiltered to bring you vibrant health and energy!

SUGGESTED USE: 1-2 Tbsp. daily. Can be taken straight or mixed into salad dressings, yogurt, oatmeal, cottage cheese or blended beverages. Refrigerate for quality. Freezing will extend shelf life up to one year. Keep out of reach of children.

WINNER
VITY
Awards



100% SATISFACTION GUARANTEED

Bruce Barlean
FRESHNESS DATING

PRESSED FRESHEST BEFORE
JUN 10 11 DEC 10 11 16909

100% Organic

Pure & Unfiltered

**Cold Pressed
Fresh Daily™**



**AMERICA'S BEST SELLING
OMEGA-3**

8 FL.OZ / 236 ML

INGREDIENTS: 100% unrefined, unfiltered organic flaxseed oil.

Supplement Facts

Serving Size 1 Tbsp (15 ml)
Servings Per Container 16

Amount Per Serving

Calories 120 **Calories from Fat** 120

% Daily Value*

Total Fat 14 g 22%

Saturated Fat 1 g 5%

Polyunsaturated Fat 9.9 g †

Omega-3 7700 mg †

Omega-6 2240 mg †

Monounsaturated Fat 2.5 g †

Omega-9 2520 mg †

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

For more information
please write to:

Barlean's Organic Oils
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Ferndale, WA 98248
800/445-3529

www.barleans.com

PRODUCT OF U.S.A.



**Certified
Organic by
Quality
Assurance
International
(QAI)**



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