

Freshest & Most Nutritious – Naturally!

Pure and pristine flax oil providing essential Omega-3 fatty acids for your vibrant health and energy.

- Best Selling Flax Oil softgel
- Vity Award Winner
- Unrefined and Unfiltered
- North American Flax Seed
- Cold Pressed Fresh
- Express Delivery

SUGGESTED USE:

3-9 softgels
per day.



Barlean's Organic Oils
4936 Lake Terrell Road, Ferndale, WA 98248
800/445-3529 • www.barleans.com

PRODUCT OF U.S.A.

100% SATISFACTION GUARANTEED

Bruce Barlean

FRESHEST BEFORE

12 LOT# 1082
EXP JUL 2013

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ESTD 1989

BARLEAN'S
ORGANIC OILS



Pure

FLAX OIL

Made with North American Flax Seeds

Cold Pressed Fresh™



250 Softgels / 1000 mg ea.

Supplement Facts

Serving Size 3 Softgels (3.0g)

Servings Per Container 83

Amount Per Serving

Calories 27 Calories from Fat 27

% Daily Value*

Total Fat 3 g 5%

Saturated Fat 0.2 g 0%

Polyunsaturated Fat 2 g †

Omega-3 1650 mg †

Omega-6 480 mg †

Monounsaturated Fat 0.5 g †

Omega-9 540 mg †

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

INGREDIENTS: Each light-resistant caramel-coated gelatin softgel contains unrefined and unfiltered 100% organic flaxseed oil.