Suggested Use: Take 1 tablet 1-3 times daily, as a dietary supplement, or as directed by a physician.

Warning: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.) Best if used by date on bottle. Store in a dry, cool place. KEEP OUT OF REACH OF CHILDREN

Any Questions? 1-800-644-8327 Website: www.botanicchoice.com

## Facts Supplement Serving Size 1 Tablet **Amount Per Serving** % Daily Value Vitamin A (naturally present) 70 IU 1% Calcium (as dicalcium phosphate) 65 mg 7% Phosphorus (as dicalcium phosphate) 5% 49 mg lodine (from kelp) 150 mcg 100% Alfalfa powder (leaf) 200 ma Atlantic kelp (thallus) 37.5 ma † Daily Value not established.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE. VEGETABLE STEARIC ACID, AQUEOUS FILM COATING (PURIFIED WATER, HYDROXYPROPYL METHYLCELLULOSE, POLYETHYLENE GLYCOL). AND VEGETABLE MAGNESIUM STEARATE. CONTAINS: CRUSTACEAN SHELLFISH (LOBSTER, SHRIMP, AND CRAB).

DISTRIBUTED BY: INDIANA BOTANIC GARDENS, INC.

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