

**Suggested Use:** Take 1 capsule three times daily, as a dietary supplement, or as directed by a physician.

**Warning:** If you are taking any medications or are pregnant or nursing do not use prior to consulting a physician.

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.)

Best if used by date on bottle. Store in a dry, cool place.

**KEEP OUT OF REACH OF CHILDREN**

**Any Questions? 1-800-644-8327**

**Website: [www.botanicchoice.com](http://www.botanicchoice.com)**

**Dietary Supplement**

**90 CAPSULES**

*Joint Support\**  
500 mg.

**OptiMSM®**

**MSM**

## Supplement Facts

Serving Size 1 Capsule

| Amount Per Serving             | % Daily Value |
|--------------------------------|---------------|
| OptiMSM® Methylsulfonylmethane | 500 mg †      |

† Daily Value not established.

OTHER INGREDIENTS: GELATIN, RICE FLOUR, MAGNESIUM STEARATE.  
DISTRIBUTED BY: INDIANA BOTANIC GARDENS, INC.  
3401 W. 37TH AVE. HOBART, IN 46342



OptiMSM® is a registered trademark of Bergstrom Nutrition.

**\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

