

Looking for an energy boost? This methylated form of B12 easily digests and is quickly absorbed into your body.* Suitable for vegetarians.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED VEGETARIAN BY THE AVA	NO YEAST, MILK OR SOY
YES CERTIFIED GLUTEN FREE BY GFCO.ORG	NO SALT OR SUGAR
YES RECYCLABLE PACKAGING	NO PRESERVATIVES
YES MANUFACTURING SUPPORTS	NO ARTIFICIAL COLOR, SWEETENERS OR FLAVORS
WIND POWER	NO MAGNESIUM STEARATE
	NO GMOS

This product has been manufactured at a GMP Registered facility.

Lot No:

13D802D
04/15

Best by:

05A13NL



ESTABLISHED
— 1971 —

Country®
Life

METHYL
B12

1000 mcg
Gluten-Free



- Supports energy and stamina*
- Tastes great

Dietary Supplement : 60 Lozenges

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take one (1) lozenge daily and allow to fully dissolve in mouth before swallowing. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 lozenge

Amount Per Serving	% Daily Value	
Vitamin B12 (as methylcobalamin)	1,000 mcg	16,667%

Other Ingredients: Xylitol, cellulose, dextrin, L-leucine, natural flavors, silica.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store between 59°-86° F.
Keep out of the reach of children.

Manufactured by Country Life, LLC
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CountryLifeVitamins.com
Product No. 6300