

SUGGESTED USE: Take 1-2 capsules twice daily, as a dietary supplement, or as directed by a health care professional.

NOTICE: This product contains Cascara Sagrada. Read and follow directions carefully. **Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Cascara Sagrada may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition. **NOT FOR LONG-TERM USE.**

Herbal Supplement

90 CAPSULES

450 mg.

*Colon Health**

**Cascara
Sagrada**

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 45

Amount Per Serving	% Daily Value
Cascara sagrada powder (bark)	900 mg †

† Daily Value not established.

OTHER INGREDIENTS: GELATIN, RICE FLOUR.

DISTRIBUTED BY: INDIANA BOTANIC GARDENS, INC.
3401 W. 37TH AVE. HOBART, IN 46342



***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

Best if used by date on bottle. Store in a dry, cool place.

KEEP OUT OF REACH OF CHILDREN

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.)

Website: www.botanicchoice.com • 1-800-644-8327

