SUGGESTED USE For best results consume two packets of CHōLOX COMPLETE daily - one packet with each of your day's two principal meals. There is never a need nor any additional benefit from consuming more than three packets daily. CHōLOX is always most effective when taken with meals - ideally 30 minutes before or no more than 60 minutes after eating. CHōLOX works best when combined with a nutritious, high fiber diet that is low in cholesterol saturated and trans (hydrogenated) fats. For additional guidance consult your health professional or contact us PROCAPS LABORATORIES at 800.800.1200.

NOTICE This product contains natural fiber and should be consumed with a full glass of water. If consumed without adequate liquid a high fiber product can cause choking and should not be consumed if you have difficulty swallowing. If you feel unexpected abdominal discomfort when using a fiber product, discontinue its use and consult a physician As with any grain product, inhaled or ingested Psyllium may cause allergic reactions in some individuals. If you are taking prescription medicine by mouth, do not consume at the same time as any fiber product.

UNSURPASSED. Purity. Quality. Integrity. Effectiveness.

Manufacturer of CHōLOX

OUESTIONS? RE-ORDERS? CALL 800.800.1200 www.CHōLOX.com

CREATED WITH SOLAR ENERGY



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CHōLOX™ COMPLETE is specifically formulated to lower Total and LDL Cholesterol. It is based upon decades of extensive clinical studies, which have proven its ability to support heart health by safely reducing Total Cholesterol and LDL (Low Density Lipoprotein) Cholesterol levels. In fact, the research is so convincing and the formula so safe that the active ingredient in CHOLOX COMPLETE is approved by the US Food and Drug Administration (FDA) to lower your Total and LDL Cholesterol levels. Our Total and LDL Cholesterol (bad cholesterol) levels are important indicators of heart disease - modern society's number one killer and not surprisingly, the latest cholesterol-lowering drugs - Statin drugs - have rapidly become the most prescribed drugs in America - and the World. Drugs such as Lipitor,® Zocor,® Crestor,® Pravachol,® Vytorin,™ Mevacor® and Lescol,® although extremely effective, come with a long list of undesirable side effects. If you and your physician would like some help achieving healthy cholesterol levels, then CHōLOX is a perfect partner to the Statin drugs to help reduce the dosage (or even the need) for the cholesterol-lowering medicine your doctor may prescribe. As with any drug, if you reduce the dosage you significantly reduce the risk of side effects, but of course you must partner with your physician to determine how CHōLOX can best support your physician's treatment and dietary recommendations.

THE PERFECT PACKET.

The New Perma-Fresh Purple Packet. The Only Packet Worthy of Our 100% Pure Products.

Our new Purple Packet is our most advanced Perma-Fresh Packet. offering you even more perfectly protected product under all conditions. To retain potency, vitamins must be protected from light, moisture and oxygen and the clear packets found with typical vitamins fail miserably to do so. Our newly developed Purple Packets are constructed from multiple layers of specialized materials to safeguard

our vitamins from damaging light, moisture and oxygen. For decades, our Perma-Fresh Foil Packet has set the standard for vitamin protection and today, our new Purple Perma-Fresh Packet takes the quality of our products to unimaginable levels, giving your investment in your health the protection it deserves.

CHŌLOX COMPLETE is not a drug and has no side effects, CHŌLOX COMPLETE provides a 100% safe and natural means for lowering Total and LDL Cholesterol. The Western diet tends to increase our cholesterol levels and clinical studies have consistently proven that including CHŌLOX COMPLETE'S FDA-approved active ingredient in your diet helps to lower Total and LDL Cholesterol levels. This provides you with a safe and easy way to help reduce your risk of heart disease. In fact, according to the US Food and Drug Administration, consuming at least 400 mg per serving of the active ingredient in CHōLOX COMPLETE twice daily with meals for a daily total intake of at least 800 mg, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. One packet of CHOLOX COMPLETE provides 1,000 mg of this special, FDA-approved active ingredient. To further enhance the activity and benefits of this formula, CHOLOX COMPLETE also contains high levels of Micro-Granulated fiber from Psyllium Husk. Fiber is generally considered the most neglected component in the Western diet and delivers a myriad of health benefits, including boosting the efficiency of the special active ingredient in CHōLOX and thereby helping to support healthy cholesterol levels. Optimum heart health requires more than simply controlling cholesterol levels, so CHOLOX COMPLETE also includes our Essential Omega-3 Oils, Gamma-Alpha Vitamin E and Phosphatidyl Choline.

these vital Omega-3 Oils, CHōLOX COMPLETE provides a pure, balanced blend of the most important Omega-3 Oils; EPA (Eicosapentaenoic Acid) and DHA (Docosahexaenoic Acid) from Fish Oil, along with Alpha Linolenic Acid from our 70% ALA Flaxseed Oil. Gamma-Alpha Vitamin E: Our special Vitamin E blend is unique in that it delivers high concentrations of the two most important and effective forms of natural Vitamin E (Gamma and Alpha Tocopherol). Virtually all vitamins and supplements ignore Mother Nature's first and most beneficial choice of Vitamin E (Gamma) and only provide one form (Alpha) – usually in its less active synthetic form. Vitamin E's greatest benefits are as an anti-oxidant and nowhere are these properties better demonstrated than with natural Gamma Tocopherol's superior ability to protect the cardiovascular system from oxidation. Accordingly, CHōLOX COMPLETE provides a naturally. balanced high potency blend of all four naturally-occurring Tocopherols, focusing on Gamma and Alpha Tocopherols. Phosphatidyl Choline (PC): Finally, when addressing cholesterol reduction, it is always important to focus on the liver, which produces the majority of the cholesterol in the body. Also, since the most popular cholesterol-lowering medications - Statins - have a substantial impact on liver function, it is common sense to support the health of the liver. No nutrient is more important to the structure of the liver than Phosphatidyl Choline, which makes up almost

Heart health seems to have become synonymous with lower cholesterol levels and, as a result, millions of Americans are taking cholesterol-lowering medicines. Like any medicine, these drugs come with significant side effects and although very effective, their use should be carefully considered with vour physician. Also, it is important to never underestimate the power and long-term benefits of a healthy diet and active lifestyle. By adding CHōLOX COMPLETE to such a diet and lifestyle, you and your doctor are assured of getting the very best results from your efforts. Lastly, despite CHōLOX COMPLETE's proven effectiveness, it should never provide an excuse to ignore one's diet. In fact, CHōLOX COMPLETE works best when taken with meals that contain less trans-(hydrogenated) and saturated fat, cholesterol and simple or convertible carbohydrates (potatoes, pasta, rice and bread)

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Servings Per Container 30 Servings Amount Per Serving (2 Packets) 2g † ibermucil™ Psyllium, nowder (husk) 3g † itamin E (as total natural tocopherols 462 mg as natural alpha tocopherol 89 mg 443% 267 mg as natural gamma tocopherol as natural beta/delta tocopherol 106 mg Total Omega-3 Fatty Acids 400 mg † Fish Oil/Flaxseed Oil (anchow, mackerel, sardine, tuna) 685 Eicosapentaenoic Acid (EPA)(Omega-3) Docosahexaenoic Acid (DHA)(Omega-3) alpha-Linolenic Acid (Omega-3) Phosphatidyl Choline (as Soy Lecithin Oil) 140 mg † Other Phospholipids 32 mg Pepper mint-Spearmint, oil (leaf) 10 mg † Other Ingredients: Gelatin capsule, Vegetable Magnesium Stearate, Vegetable Stearine

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