Suggested Use: Take 3 capsules daily, as a dietary supplement, or as directed by a physician. Warning: If you are taking any medications

or are pregnant or nursing, do not use prior to consulting a physician.

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.) Best if used by date on bottle. Store in a dry, cool place. KEEP OUT OF REACH OF CHILDREN Any Questions? 1-800-644-8327

Website: www.botanicchoice.com

Distributed by: Indiana Botanic Gardens, Inc. 3401 W. 37th Ave. Hobart, IN 46342 (30EG) Lot# 6069887 4-2012



Supplement Facts

Amount Per Serving	% Daily	Value ***
Calories	4	**
Total Carbohydrates	1.4 g	**
Dietary Fiber	1.4 g	6%
Sugars	0 g	t
Sodium	1 mg	**
Calcium (from Psyllium husk powder USP)	13 mg	**
Phosphorus (from Psyllium husk powder USP)	1 mg	**
Potassium (from Psyllium husk powder USP)	11 mg	**
Gentian root powder	60 mg	+
Psyllium husk powder USP (hulls)	1500 mg	t
Slippery elm bark powder	42 mg	t

** Contains less than 2% of the Daily Value. Daily Values are based on a 2,000 calorie per day diet. Ingredients: Gelatin.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.