

DIRECTIONS:

Take 4 capsules daily as a dietary supplement or as directed by a healthcare professional

- Keep out of reach of children.
- Store at 15-30°C (59-86°F).
- Protect from heat, light and moisture.
- Do not ingest if seal is broken.

For more info, visit us at
www.gardengreens.com

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Essential GREENS 3000

CONCENTRATED SUPER ORAC GREEN FOODS FORMULA

Hawaiian Blue Green Algae
Wheat Grass, Chlorella, Green Tea
Berry Antioxidant Blend
Phytonutrients including Lycopene,
Lutein, Resveratrol, Quercetin,
and Indole-3 Carbinol

Dietary
Supplement



120 Capsules

Supplement Facts

Serving Size: 4 vegetarian capsules

Servings Per Container: 30

Amount Per Serving

Super-ORAC Greens Blend (1,500 ORAC per serving) 1,200 mg*

Hawaiian blue-green algae (source of phycocyanins and beta-carotene), green tea leaf extract, barley grass (source of bioflavonoids), alfalfa (source of beta-carotene), chlorella (source of trace minerals), dulse (source of trace minerals), wheat grass, aloe vera gel concentrate (source of mucopolysaccharides and plant sterols), kombu seaweed (source of trace minerals), nori seaweed (source of trace minerals), and wakame seaweed (source of trace minerals)

Prebiotic Fiber Blend 1,250 mg*

Vegetable cellulose, apple pectin, beet fiber, oat fiber, soy fiber, and inulin (fructo-oligosaccharide extract of chicory root)

Vegetable Blend 500 mg*

Broccoli (source of indole-3-carbinol, sulphoraphane and beta-carotene), carrots (source of beta-carotene), garlic (source of allyl sulfides), tomato (source of lycopene, coumaric acid and chlorogenic acid), Brussels sprouts (source of indole-3-carbinol and sulphoraphane), cauliflower (source of sulphoraphane), beet, cabbage (source of indole-3-carbinol and sulphoraphane), celery, kale (source of indole-3-carbinol, sulphoraphane and beta carotene), spinach (source of beta-carotene, lutein and quercetin), radish, leek or yellow pepper, onion (allyl sulfides, quercetin and saponins)

Berry Antioxidant Blend (provides 2 mg resveratrol) 100 mg*

Cranberry (source of ellagic acid), bilberry fruit extract (source of anthocyanosides), blueberry concentrate (source of anthocyanins and ellagic acid), elderberry (source of flavonoids) and raspberry (source of beta carotene, ellagic acid, catechins and monoterpenes)

Plant Based Enzyme Blend 100 mg*

Amylase, lactase, neutral protease, lipase and cellulase

* Daily value not established.

Other ingredients: rice flour, vegetable magnesium stearate, silica.



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Distributed by:
Garden Greens™
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West Caldwell, NJ 07006

TC# A0501202
ITEM# N5725