

Nature's Perfect Superfood!

CLEANSE - ALKALINIZE - ENERGIZE Barlean's Greens are an **ORGANIC, GREAT TASTING**, premium superfood created to:

- Support Gentle Cleansing of vital organs and body tissues*
- Super-Boost your health and **ENERGY***
- Help improve digestion*
- Aid the body's natural detoxification*
- Promote a healthy immune system*
- Help achieve your recommended daily dose of vegetables*

Organically grown and harvested at the peak of freshness, Barlean's Greens are an energizing source of raw, vegetarian superfoods designed to invigorate and nourish both your mind and body. Masterfully formulated with Nature's most vitalizing plant-based ingredients, Barlean's Greens are bursting with:

**POWERFUL PHYTONUTRIENTS • ANTIOXIDANTS
PRE & PROBIOTICS • TRACE MINERALS**



A NEW STANDARD IN QUALITY AND PURITY: Every organic, whole food ingredient in Barlean's Greens is carefully selected, responsibly grown and third party tested to guarantee the absolute highest quality and purity including conformity to California's stringent Prop 65.

SUGGESTED USE: Simply put one scoop in 8 oz. of water or your favorite juice and stir. Take Barlean's Greens any time to jump start your day. Best kept refrigerated after opening.

100% SATISFACTION GUARANTEED

Bruce Barlean
FRESHNESS DATING

EXP 09/2014
LOT C12250B01

Barlean's Organic Oils
4936 Lake Terrell Road
Ferndale, WA 98248
800/445-3529
barleans.com
PRODUCT OF U.S.A.

ESTD 1989

BARLEAN'S

ORGANIC OILS



GLUTEN
FREE

NON
GMO

GREENS

ORGANIC

NATURE'S PERFECT SUPERFOOD

- Green Food Concentrates
- Green Protein Source
- Plant-based Vitamins & Minerals
- Vegetarian Formula
- Herbal Antioxidants
- Herbal Tonics
- Flax Lignans
- Probiotics & Enzymes
- Dairy & Soy Free

POWDER FORMULA / 30 DAY SUPPLY

NET WT. 8.46 OZ. / 240 g

Supplement Facts

Serving Size 1 Scoop (8 g)
Servings Per Container 30

Amount Per Serving % Daily Value

Calories 30

Calories from Fat 5

Total Fat 0.5 g 0%*

Saturated Fat 0 g 0%*

Cholesterol 0 mg 0%

Total Carbohydrate 5 g 2%

Sugars (Not Added) 0 g †

Protein 1 g 2%

Vitamins

Vitamin A 668 IU 13%

Vitamin C 30 mg 50%

Minerals

Calcium 30 mg 3%

Iron 1 mg 5%

Phosphorus 22 mg 2%

Magnesium 12 mg 3%

Copper 43 mcg 2%

Chromium 3.6 mcg 3%

Sodium 20 mg 1%

Potassium 170 mg 5%

Amount Per Serving

GREENS BLEND 6,000 mg †

Organic oat grass powder (*Avena sativa*), organic wheat grass powder (*Triticum aestivum* L.), organic barley grass powder (*Hordeum vulgare* L.), organic spinach powder (*Spinacia oleracea*), organic parsley powder (*Carum petroselinum*), organic chlorella powder (*Chlorella vulgaris*), organic spirulina powder (*Arthrospira platensis*), organic sea lettuce powder (*Ulva lactuca*) and organic rockweed powder (*Ascophyllum nodosum*).

FIBER BLEND 900 mg †

Organic flax seed powder (*Linum usitatissimum*).

ENZYME, PROBIOTIC AND PREBIOTIC BLEND 499 mg †

Organic inulin powder, probiotic blend (*L. acidophilus*, *B. longum*, *L. casei*, *L. rhamnosus*) and enzyme blend (protease, amylase, bromelain, cellulase, lactase, papain, lipase).

ANTIOXIDANT BLEND 492 mg †

Organic apple powder extract (*Malus sp.*), organic acerola powder extract (*Malpighia glabra* L., organic manioc maltodextrin and/or organic manioc starch), organic blueberry powder, organic apple powder (*Malus sp.*), organic acai powder (*Euterpe oleracea*), organic rosemary leaf powder (*Rosmarinus officinalis*), organic green tea powder extract (*Camellia sinensis*) and organic turmeric powder (*Curcuma longa*).

HERBAL TONIC BLEND 109 mg †

Organic stevia powder extract (*Stevia rebaudiana bertonii*), organic schizandra berry powder extract (*Schisandra chinensis*) and organic astragalus root powder (*Astragalus membranaceus*).

† Daily Value not established.

* Percent Daily Values (DV) are based on a 2,000 calorie diet.



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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.