

Suggested Use: Take 1 capsule twice daily, preferably on an empty stomach at bedtime, as a dietary supplement, or as directed by a physician.

Warning: If you are taking any medications or are pregnant or nursing do not use prior to consulting a physician.

For your protection, this container has an outer safety seal.
(Do not accept if missing or broken.)

Best if used by date on bottle. Store in a dry, cool place.

KEEP OUT OF REACH OF CHILDREN

Any Questions? 1-800-644-8327

Website: www.botanicchoice.com



5-HTP

Mood Support*

50 mg.

60 CAPSULES

Dietary Supplement

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value	
5-HTP (5-hydroxytryptophan) (<i>Griffonia simplicifolia</i>) (Seed)	50 mg	†

† Daily Value not established.

OTHER INGREDIENTS: RICE FLOUR AND GELATIN (CAPSULE).

DISTRIBUTED BY: INDIANA BOTANIC GARDENS, INC.
3401 W. 37TH AVE. HOBART, IN 46342



***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CARE OR PREVENT ANY DISEASE.**