

SUGGESTED USE Consume one or more capsules daily or as recommended by a health care professional. For best results take this product with food, preferably a complete meal. Best results are experienced when used in conjunction with a healthy, balanced diet and a high potency, comprehensive multi-vitamin-mineral supplement such as one of **ANDREW LESSMAN'S Life Rx™** formulas. **For answers to questions about the use of this product call 800.800.1200.**

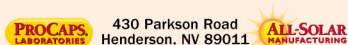
UNSURPASSED.
Purity. Quality. Integrity. Effectiveness.



Andrew Lessman
 Founder of PROCAPS LABS



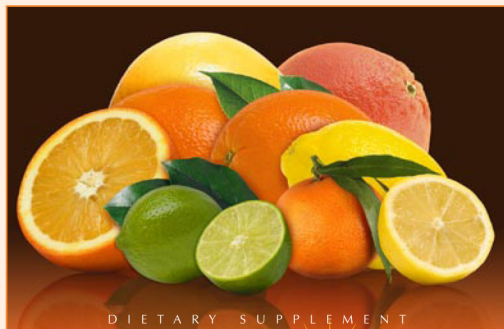
QUESTIONS? RE-ORDERS?
Call 800.800.1200
WWW.PROCAPSLABS.COM



430 Parkson Road
 Henderson, NV 89011

VITAMIN C-500 COMPLEX™

WATER AND LIPID SOLUBLE
NON-ACIDIC • CITRUS BIOFLAVONOIDS



360 Easy-to-Swallow Capsules

Andrew Lessman's VITAMIN C-500 COMPLEX is a unique all-natural complex of four exceptionally mild forms of Vitamin C, plus naturally occurring citrus bioflavonoids. Vitamin C is an extremely important vitamin supporting numerous body systems while also delivering powerful anti-oxidant protection. Vitamin C is present in highest concentrations in some of the healthiest fruits and vegetables often lacking in the American diet, which has made Vitamin C the most frequently supplemented separate vitamin supplement. **Vitamin C-500 Complex** provides 500 mg of Vitamin C that will not upset your stomach because, unlike ordinary formulas, it is present in the forms of non-acidic Calcium, Magnesium and Potassium Ascorbates and Ascorbyl Palmitate. These very special forms of Vitamin C promote the greatest utilization of Vitamin C without the stomach discomfort and rapid nutrient loss associated with ordinary Ascorbic Acid. Plus, our Ascorbyl Palmitate provides a lipid soluble form of Vitamin C to promote anti-oxidant protection in membranes and other fatty structures. An additional benefit of this exceptional product is the 49 milligrams of very soluble and easily absorbed Calcium that comes with each capsule. We have also added naturally occurring Vitamin C co-factors from citrus bioflavonoids to provide a natural balance, much as one would find accompanying Vitamin C from food.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, starch, fat, cholesterol, oil, emulsifier, wax, binder, filler, excipient, lubricant, coating, diluent, flowing agent, common allergen, color, flavor, sweetener or preservative.

CONTAINS NO ADDITIVES OF ANY KIND

Supplement Facts

Serving Size 1 Capsule		Servings Per Container 360
Amount Per Serving		%DV*
Vitamin C (as calcium ascorbate/ascorbyl palmitate/ magnesium ascorbate/potassium ascorbate)	500 mg	833%
Calcium (as calcium ascorbate)	49 mg	5%
Citrus Bioflavonoid Complex, (fruit)	100 mg	†
as hesperidin	42.0 mg	
as eriocitrin	2.5 mg	
as flavonones	4.5 mg	
as flavonols, flavones and phenols	1.0 mg	

* Percent Daily Values (%DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Gelatin capsule.

NO ADDITIVES.