

Suggested Use: As a dietary supplement, take 1 mL (approx. 28 drops) 3 times a day, in a small amount of water.

Warning: Avoid excessive exposure to UV light (i.e., sunlight, tanning) when using this product, may cause skin to become photosensitive. If you are taking any medications or are pregnant or nursing do not use prior to consulting a physician, discontinue use 2 weeks prior to any surgery.

Best if used by date on bottle. Store in a dry, cool place.

USE ONLY IF SEAL IS UNBROKEN

SHAKE WELL. KEEP OUT OF REACH OF CHILDREN

Any Questions? 1-800-644-8327

Website: www.botanicchoice.com

Alcohol Free Liquid Extract

St. John's Wort

1 fl. oz. (30 mL)

Herbal Supplement

Supplement Facts

Serving Size: 1 mL (approx. 28 drops)

Servings per container: 30

St John's Wort Flowering Tops (1:1) Extract	1,000 mg	†
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† Daily Value not established.

Other Ingredients: Vegetable Glycerin, Purified Water.

Distributed by: Indiana Botanic Gardens, Inc.

3401 W. 37th Ave. Hobart, IN 46342

