

Suggested Use: Take 1 capsule twice daily, as a dietary supplement, or as directed by a physician.

Warning: If you are taking any medications or are pregnant or nursing, do not use prior to consulting a physician.

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.)
Best if used by date on bottle. Store in a dry, cool place.

KEEP OUT OF REACH OF CHILDREN

Any Questions? 1-800-644-8327

Website: www.botanicchoice.com

***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

Psyllium

Husk

Digestion

*Support**

560 mg.

60 CAPSULES

Herbal Supplement

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value**	
Total Carbohydrates	0.5 g	0%
Dietary Fiber	0.5 g	2%
Psyllium husk powder (hulls)	560 mg	†

† Daily Value not established.

** Daily Values are based on a 2,000 calorie per day diet.

OTHER INGREDIENTS: GELATIN, RICE FLOUR.

DISTRIBUTED BY: INDIANA BOTANIC GARDENS, INC.

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