

**Suggested Use:** Mix 1-2 mL (28-56 drops) in a little water. Use 3 times daily, as a dietary supplement or as directed by a physician.

**Warning:** If you are taking any medications or are pregnant or nursing do not use prior to consulting a physician.

Best if used by date on bottle. Store in a dry, cool place.

**USE ONLY IF SEAL IS UNBROKEN**

**SHAKE WELL. KEEP OUT OF REACH OF CHILDREN**

Any Questions? 1-800-644-8327

Website: [www.botanicchoice.com](http://www.botanicchoice.com)

Alcohol Free Liquid Extract

**Nettle Leaf**

1 fl. oz. (30 mL)

**Herbal Supplement**

## Supplement Facts

Serving Size: 2 mL (approx. 56 drops)

Servings per container: 15

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Each serving contains: Nettle leaf fluid  
extract (1:1) 2,000 mg †

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† Daily Value (DV) not established

**Other Ingredients:** Coconut Glycerin, USP

Purified Water.

Distributed by: Indiana Botanic Gardens, Inc.

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