

Weight gain is often caused by the body's response to eating high glycemic index foods (rich in simple carbohydrates or sugar). The result can be periods of intense hunger that lead to excessive calorie consumption. This is known as the "glycemic" cause of weight gain.

Metabolic ReSet® Weight Loss Shake Mix

As part of a healthy diet and exercise plan, revolutionary Metabolic ReSet® addresses both the glycemic and caloric causes of weight gain by **safely reprogramming appetite to reduce hunger and cravings.***

- Natural formula; No artificial sweeteners or preservatives
- No stimulants
- High fiber / high protein
- Low glycemic index
- Contains 100% whey protein isolate
- Only 7 g of net carbohydrates per serving
- Fortified with vitamins & minerals

Smooth & Delicious

- Easier to mix and better tasting than other high fiber and protein shakes
- No added fructose
- Just 130 calories!



How Metabolic ReSet® Works

The key is its combination of Viscofiber® (highly viscous, soluble oat beta-glucan concentrate) and whey protein isolate. The Viscofiber® proprietary blend makes Metabolic ReSet® different than other weight loss supplements or simple meal replacement powders. This unique formula works in the following ways:

1 Creates a Satisfying Feeling of Fullness*

Metabolic ReSet® expands in the digestive tract, resulting in a prolonged sense of fullness.* By avoiding feelings of hunger, you can comfortably eat less food, less often, and consume fewer calories.

2 Lowers the Body's Glycemic Response to Foods*

Metabolic ReSet® slows the digestion of carbohydrates (especially from high glycemic index foods), resulting in reduced cravings and a less frequent desire to eat.*

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Questions? Call 1-800-SNATURE

Sold by weight, not volume. Store in a cool, dry place. Keep out of reach of children.

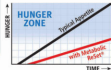
Viscofiber® name and logo are registered trademarks of Cereus Bioproducts Inc. The use and composition of the Viscofiber® proprietary formula is protected by patents and patent applications filed in the U.S., Canada and internationally.

Glycemic Cause of Weight Gain

Fad diets, poor eating habits, high glycemic index foods and genetics each contribute to rapid rises and sharp declines in blood glucose levels, which lead to a repetitive cycle of—

- uncontrollable, frequent hunger
- excessive cravings, especially for carbohydrates
- increased conversion of blood glucose into stored fat
- tiredness, low energy and irritability

Balanced after-meal blood glucose levels result in more sensible eating, less fat storage and better success achieving and maintaining optimal body weight.



Delicious Taste!



Stimulant Free

metabolic reset®

HUNGER CONTROL Weight Loss Shake

High Fiber & Protein
Reduces hunger and cravings*
to help lower caloric intake
LOW GLYCEMIC INDEX



NET WT. 1.4 lbs (630 g) • DIETARY SUPPLEMENT

NOTICE: For weight reduction, use only as directed in the accompanying diet plan found at www.metabolreset.com. Do not use in diets supplying less than 400 calories per day without medical supervision.

Recommendation: To make a satisfying shake, add 2 scoops (45 g) of powder to 8 ounces of cold water. Shake or stir briskly into a smooth consistency. If desired, blend in fruit or other healthy ingredients. May also be mixed with skim, soy or other milk. **Caution:** If pregnant, nursing or under 18 years of age, consult a healthcare professional before beginning any weight loss program.

Supplement Facts

Serving Size 2 Scoops (45 g)
Servings per Container 14

Amount per Serving	% DV	Amount per Serving	% DV
Calories	130	Biotin (as biotin triflate)	100 mcg 32%
Calories from Fat	5	Phosphoric Acid (as 4-calcium phosphoric acid)	3.33 mg 32%
Total Fat	0.5 g <1%	Calcium (as dicalcium phosphate and from Whey Protein Isolate)	500 mg 50%
Cholesterol	2 mg 1%	Phosphorus (as dicalcium phosphate)	300 mg 32%
Total Carbohydrate	10 g 4%	Iodine (as potassium iodide)	50 mcg 32%
Dietary Fiber	6 g 22%*	Magnesium (as magnesium oxide)	130 mg 32%
Soluble Fiber	4 g	Zinc (as zinc oxide)	5 mg 32%
Sugars	2 g	Copper (as copper gluconate)	0.67 mg 32%
Protein	21 g	Sodium	150 mg 6%
Vitamin A (as beta carotene)	1,667 IU 32%	Potassium	125 mg 4%
Vitamin C (ascorbic acid)	20 mg 32%	Whey Protein Isolate	25 g **
Vitamin D (as ergocalciferol)	133 IU 32%	Viscofiber® Proprietary Blend	8 g **
Vitamin E (as d-alpha-tocopheryl acetate)	10 IU 32%	Viscofiber® Oat Beta-Glucan Concentrate	
Thiamine (as thiamine mononitrate)	0.5 mg 32%	Inulin (chicory root extract), Xanthan Gum	
Riboflavin (Vitamin B2)	0.57 mg 32%	Stevia Extract (leaf)	63 mg **
Niacin (as niacinamide)	0.67 mg 32%		
Vitamin B6 (as pyridoxine HCl)	0.67 mg 32%		
Folic Acid	133 mcg 32%		
Vitamin B12 (as cyanocobalamin)	2 mcg 32%		

Other Ingredients: Xylitol, Natural Flavors, Maltodextrin, Soy Lecithin

Contains soy and milk ingredients. Freshness & safety sealed with printed inner seal. Do not use if seal is broken or missing.

Size & Form™

