

0 90900 00058 3



Keep Out of the Reach of Children
Store away from heat & light

Add one full squeeze of the dropper bulb to 2 oz. of water or juice, one hour before bed and again at bedtime. May be taken up to four times per day for general relaxation.* Best taken between meals.

SUGGESTED USE
SHAKE WELL BEFORE USING

RELAXING SLEEP™

NERVOUS SYSTEM

Calming & Relaxing



HERBAL SUPPLEMENT

4 fluid ounces (120 ml)

Relaxing Sleep™

Promotes Relaxation & Restful Sleep*

Supplement Facts

Serving Size: 0.7 ml

Servings: about 168

Amount Per Serving

% DV

Proprietary extract blend: 637 mgⓐ

†

Valerian rhizome with root (*Valeriana officinalis*)ⓐⓑ Passionflower
flowering herb (*Passiflora incarnata*)ⓐ Hops strobile (*Humulus lupulus*)ⓐ
Chamomile flower (*Matricaria recutita*)ⓐⓑ Catnip leaf & flowering tip
(*Nepeta cataria*)ⓐⓑ

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (59-69%), distilled water & vegetable glycerin.

GLUTEN-FREE

ⓐ Certified Organic

ⓑ Fresh (undried)

ⓓ Equiv. to approx. 317 mg fresh herb & 56 mg dry herb.

All of the herbs in this formula are individually extracted to ensure a broad spectrum of therapeutic plant compounds.

HERB PHARM • WILLIAMS, OR 97544
800-348-4372 • www.herb-pharm.com

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.