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**SUGGESTED USE**  
SHAKE WELL BEFORE USING  
Add one full squeeze of the dropper bulb to 2 oz.  
of water or juice, two to four times per day.  
Best taken between meals.  
**Caution:** Seek expert medical advice before  
taking during pregnancy or nursing. Not for use in  
hypothyroidism or thyroid enlargement. Use with caution  
in persons taking thyroid & heart medications.  
**Keep Out of the Reach of Children**  
**Store away from heat & light**

# THYROID CALMING™

SYSTEM RESTORATION

Endocrine



HERBAL SUPPLEMENT

4 fluid ounces (120 ml)

Thyroid Calming™

## Supplement Facts

Serving Size: 0.7 ml

Servings: about 168

Amount Per Serving

% DV

Proprietary Extract Blend: 654 mg Ⓢ

†

Bugleweed flowering herb (*Lycopus* spp.) Ⓢ Ⓢ Motherwort  
leaf & flowering top (*Leonurus cardiaca*) Ⓢ Cactus stem  
(*Selenicereus* spp.) Ⓢ Ⓢ Lemon Balm leaf & flowering top  
(*Melissa officinalis*) Ⓢ Ⓢ

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol  
(53-63%), distilled water & vegetable glycerin.

**GLUTEN-FREE**

- Ⓢ Certified Organic Ⓢ Sustainably Wildcrafted
- Ⓢ Fresh (undried)
- Ⓢ Equivalent to approx. 187 mg fresh herb &  
84 mg dry herb.

All of the herbs in this formula are individually  
extracted to ensure a broad spectrum of  
therapeutic plant compounds.

**HERB PHARM • WILLIAMS, OR 97544**  
**800-348-4372 • [www.herb-pharm.com](http://www.herb-pharm.com)**