

If you're like many Americans, life's demands may be keeping you from getting the 7 to 9 hours of sleep recommended by leading experts. Over time, insufficient or poor quality sleep can have serious consequences on your performance, productivity, happiness and health; increasing your risk for obesity, cardiovascular disease, diabetes and stroke.*

If your sleep isn't what it should be, Sleep Soundly™ Liquid Melatonin can help. Melatonin works naturally with your body to help promote a normal sleep cycle, and the advanced instant-acting Sleep Soundly™ liquid formula goes to work right away to help you to get the rest you need so you can wake up the next day feeling refreshed and revitalized. It's perfect for anyone who experiences occasional sleeplessness, those with jet lag, or for anyone looking to improve their sleep quality.†

Sleep Soundly™ Liquid Melatonin is convenient, portable, and easy to use. Just take a couple of droppers of this delicious, vegetarian-friendly formula shortly before bedtime, and let it help you find the peaceful, restful sleep you deserve!†

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.


For a Full
Night's Sleep!†



*Sleep Soundly™
is also available in
convenient caplet form.*



SLEEP SOUNDLY™

LIQUID MELATONIN

10 mg per serving

INSTANT ACTING LIQUID
TO HELP YOU GET A
GOOD NIGHTS SLEEP!†



For a Full
Night's Sleep!†

100% Drug-Free
Non-Habit Forming
Helps Promote Natural Sleep†

30 SERVINGS

Dietary Supplement • 2 fl. oz (59.1 mL)

DIRECTIONS: Take 2 dropperfuls shortly before bedtime.

Supplement Facts

Serving Size: 2.0 mL (2 dropperfuls)
Servings Per Container: Approx. 30

Amount Per Serving	
Melatonin	10 mg*

*Daily value not established.

Other Ingredients: Filtered water, cane juice crystals, vegetable glycerin, propylene glycol, natural flavors, citric acid, potassium sorbate, and sodium benzoate.

For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery.

Are You Sleep Deprived?

According to the National Sleep Foundation, you may be suffering from chronic sleep deprivation if you have any of the following symptoms:

- Difficulty waking up in the morning
- Memory problems
- Inability to learn new tasks
- Increased clumsiness
- Difficulty making decisions
- Falling asleep at inappropriate times
- Feeling especially moody or irritated

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UNVARNISHED