



SUGGESTED USE

SHAKE WELL BEFORE USING

Add drops to 2 oz. of water or juice, 2 to 5 times per day.

25-49 pounds: 5 drops | 75-99 pounds: 15 drops
50-74 pounds: 10 drops | 100+ pounds: 20 drops

Consult a physician for use with children younger than one year old. Best taken between meals.

Keep Out of the Reach of Children

Store away from heat & light

001

alcohol free



LEMON BALM CALM™

CALMING & SOOTHING



HERB PHARM®

HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

Lemon Balm Calm™

Support for Nervousness & Over-Excitement*

Supplement Facts

Serving Size: 5-20 drops		Servings: about 41-164	
Amount Per Serving	5 drops	20 drops	% DV
Lemon Balm herb (<i>Melissa officinalis</i>)Ⓢ extract	210 mg	852 mg Ⓢ	†
† Daily Value (DV) not established			

Other Ingredients: certified organic vegetable glycerin & distilled water. **GLUTEN-FREE**

- Ⓢ Certified Organic
- Ⓢ Equivalent to approx. 60-243 mg of herb.

CONTAINS NO ALCOHOL

Dry herb / menstruum ratio: 1 : 3

HERB PHARM • WILLIAMS, OR 97544
800-348-4372 • www.herb-pharm.com

Certified organic by Organic Certifiers

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.