

Direction for Use: Add packet of **Natural Whey** to a 3-4 oz glass of water, milk, juice or blend with yogurt and fruit. When mixing, add liquid first, then powder and stir briskly until completely dispersed.

Supplement Facts		
Serving Size - 1 Packet (24.3 grams)		
Servings Per Packet -1		
Amount Per Serving	% Daily Value*	
Calories	90	
Calories from Fat	10	
Total Fat	1g	2%
Saturated Fat	0g	0%
Trans Fat	0g	†
Cholesterol	20mg	7%
Sodium	40mg	2%
Potassium	110mg	3%
Total Carbohydrates	2g	1%
Dietary Fiber	<1g	2%
Sugars	1g**	†
Protein	18g	36%
Vitamin A 0%	•	Vitamin C 0%
Calcium 15%	•	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet.		
† Daily Value not established.		

****NO SUGARS ADDED.** Sugars naturally occur in Whey Proteins and natural flavoring.

Ingredients: NAT-PRO OPTIMIZER [Ultrafiltered, Low Temperature Processed Whey Protein Concentrate (milk), Crossflow Microfiltered Whey Protein Isolate (milk), L-Glutamine, Soy Lecithin & Digest-ALL® AP (a vegan enzyme blend)], Natural Vanilla Flavor, TreLEAFia™ (Stevia Leaf Extract, Trehalose, and Monk Fruit Extract), Carrageenan and Salt.



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Typical Amino Acid Profile Per 24.3g Serving	
Alanine	800mg
Arginine	400mg
Aspartic Acid	1910mg
Cysteine	220mg
Glutamic Acid	3000mg
L-Glutamine	1000mg
Glycine	400mg
Histidine	250mg
Isoleucine	1110mg
Leucine	1630mg
Lysine	1540mg
Methionine	330mg
Phenylalanine	530mg
Proline	1070mg
Serine	910mg
Threonine	1040mg
Tryptophan	380mg
Tyrosine	440mg
Valine	1040mg
The Protein Blend in Natural Whey contains the following supportive immunofactors:	
48-52% beta-lactoglobulin	
18-22% alpha-lactoglobulin	
20-22% glyco-macro-peptide	
2% immunoglobulins	
0.5-1% lactoferrin	

- **No MSG**
- **No Aspartame or Acesulfame K**

Contains milk and soy.

Contains NO peanut, tree nut, fish, shellfish, wheat, gluten or yeast.

Contains less than 1% soy lecithin.

This product is manufactured in a facility that produces other products that contain egg.

Formulated by & Manufactured for:
MRM • 2665 Vista Pacific Dr.
Oceanside, CA 92056 USA
www.mrm-usa.com • 1-800-948-6296



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**This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

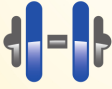
DIETARY SUPPLEMENT
NET WT 24.3g (0.86 oz)
MIXES INSTANTLY
1 SERVING

RICH VANILLA

GLUTEN-FREE



STRENGTH



RECOVERY



FITNESS



- NO ARTIFICIAL FLAVORS OR SWEETENERS
- HORMONE FREE AND BSE FREE

NATURAL

Whey

