

TRUSTED SINCE 1972

**WINDMILL**  
NATURAL VITAMINS

**DIRECTIONS:** Take 1 tablet daily as a dietary supplement or as directed by a healthcare professional.

**KEEP OUT OF REACH OF CHILDREN.**  
Protect from heat, light & moisture.  
Store at 15-30°C (59-86°F).  
Do not purchase if seal is broken.

**MADE IN THE U.S.A.**

For more info, visit us  
at [www.windmillvitamins.com](http://www.windmillvitamins.com)

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 212A / TC: D97106N2

- Gluten Free -



# MAGNUM 75

## MULTI-VITAMIN FORMULA

**Pharmacist Recommended**

**Maximum Nutritional Support†**  
**Advanced Phytonutrient**  
**Vitamins & Minerals†**

60 TABLETS | DIETARY SUPPLEMENT

### SUPPLEMENT FACTS

Serving Size: 1 Tablet

	Amount Per Serving	%Daily Value
Vitamin A .....	3,500 IU	70%
(as retinyl acetate & 50% as beta-carotene)		
Vitamin C (as ascorbic acid & with rose hips) .....	60 mg	100%
Vitamin D (as cholecalciferol) .....	400 IU	100%
Vitamin E (as d-alpha-tocopheryl succinate) .....	30 IU	100%
Vitamin B1 (as thiamin HCl) .....	75 mg	5,000%
Vitamin B2 (as riboflavin) .....	75 mg	4,412%
Niacin (as niacinamide) .....	75 mg	375%
Vitamin B6 (as pyridoxine HCl) .....	75 mg	3,750%
Folate (as folic acid) .....	400 mcg	100%
Vitamin B12 (as cyanocobalamin) .....	75 mcg	1,250%
Biotin .....	75 mcg	25%
Pantothenic acid (as D-calcium pantothenate) .....	75 mg	750%
Calcium (as calcium carbonate & gluconate) .....	100 mg	10%
Iron (as ferrous gluconate)† .....	4 mg	22%
Iodine [from kelp (Ascophyllum nodosum)] .....	150 mcg	100%
Magnesium (as magnesium oxide & gluconate) .....	50 mg	13%
Zinc (as zinc gluconate) .....	1.9 mg	13%
Selenium (from high selenium yeast) .....	10 mcg	14%
Manganese (as manganese gluconate) .....	0.66 mg	33%
Chromium (from high chromium yeast) .....	10 mcg	8%
Potassium (as potassium gluconate) .....	1.65 mg	<1%
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Choline bitartrate .....	75 mg	*
Inositol .....	75 mg	*
Citrus bioflavonoid complex .....	25 mg	*

\*Daily value not established.

**Other ingredients:** Microcrystalline cellulose, stearic acid, croscarmellose sodium, colloidal silicon dioxide, magnesium stearate and pharmaceutical glaze.

**NO**

**SUGAR, STARCH, WHEAT, MILK,  
ARTIFICIAL COLORS, FLAVORS  
OR PRESERVATIVES**

Distributed by  
Windmill™ Health Products,  
6 Henderson Drive,  
West Caldwell, NJ 07006

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose call a doctor or poison control center immediately.