

Vitamin D aids in the absorption of calcium, helping to form and maintain healthy bones and teeth, as well as promote immune health.* The vitamin D3 found in this product comes from fish and is third party tested for heavy metals such as mercury to ensure purity and safety.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

| | |
|--|--------------------------------|
| YES CERTIFIED GLUTEN-FREE BY GFCO.ORG | NO YEAST, CORN OR WHEAT |
| YES RECYCLABLE PACKAGING | NO MILK |
| YES MANUFACTURING SUPPORTS WIND POWER | NO SALT OR SUGAR |
| | NO PRESERVATIVES |
| | NO ARTIFICIAL COLOR |
| | NO MAGNESIUM STEARATE |

Lot No:

Best by:



ESTABLISHED
— 1971 —

Country
Life

NATURAL VITAMIN D3

400 I.U.

From fish liver oil

Gluten-Free

- Maintains healthy bones and teeth*
- Promotes immune health*



Dietary Supplement 100 Softgels — Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take one (1) softgel daily with food. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 softgel

| Amount Per Serving | % Daily Value | |
|---|---------------|------|
| Vitamin A (from fish liver oil - cod) | 600 I.U. | 12% |
| Vitamin D (D ₃) (from fish liver oil - cod) | 400 I.U. | 100% |

Other Ingredients: Medium chain triglycerides, gelatin, glycerin, purified water (capsule shell). Contains fish (cod).

100% bovine gelatin, BSE-free

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.

Manufactured for Country Life, LLC
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