

TRUSTED SINCE 1972

**WINDMILL**  
NATURAL VITAMINS

**DIRECTIONS:** Take 1 softgel daily as a dietary supplement or as directed by a healthcare professional.

**KEEP OUT OF REACH OF CHILDREN.**

Protect from heat, light & moisture.

Store at 15-30°C (59-86°F).

Do not purchase if seal is broken.

**MADE IN THE U.S.A.**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 162 / TC: 151410N2

# NATURAL COD LIVER OIL

**Pharmacist Recommended**

Natural Source of Vitamins A & D†  
Rich in Omega-3 Fatty Acids†

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100 SOFTGELS | DIETARY SUPPLEMENT

## SUPPLEMENT FACTS

Serving Size: 1 Softgel

	Amount Per Serving	%Daily Value
Cholesterol	<5 mg	1%
Vitamin A (as retinyl palmitate)	1,250 IU	25%
Vitamin D (as D3 cholecalciferol)	135 IU	34%
Cod Liver Oil	415 mg	•
provides 90 mg of Total Omega-3 fatty acid <sup>†</sup> comprising of:		•
Eicosapentaenoic acid (EPA) 37 mg		•
Docosahexaenoic acid (DHA) 36 mg		•
Other fatty acids		•

\*Daily value not established. †As natural triglycerides.

Other ingredients: Gelatin, vegetable glycerin and mixed natural tocopherols. Contains fish (cod) ingredients.

Shell Ingredients: Gelatin, vegetable glycerin, purified water. (Total = 189 mg)

For more info, visit us at [www.windmillvitamins.com](http://www.windmillvitamins.com)

**NO**

SUGAR, STARCH, YEAST, CORN,  
WHEAT, MILK, ARTIFICIAL COLORS,  
FLAVORS OR PRESERVATIVES

- Gluten Free -

Distributed by Windmill™ Health Products,  
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