

— TRUSTED SINCE 1972 —



WINDMILL
NATURAL VITAMINS

SUPER B-100

BALANCED B COMPLEX

Pharmacist Recommended

Helps Promote Energy†
Helps Support Nervous System†

60 TABLETS | DIETARY SUPPLEMENT

DIRECTIONS: Take 1 tablet daily as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

Protect from heat, light & moisture.

Store at 15-30°C (59-86°F).

Do not purchase if seal is broken.

MADE IN THE U.S.A.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 132 / TC: 011006N2



SUPPLEMENT FACTS

Serving Size: 1 Tablet

	Amount Per Serving	%Daily Value
Thiamin (as thiamin HCl)	100 mg	6,667%
Riboflavin	100 mg	5,882%
Niacin (as niacinamide)	100 mg	500%
Vitamin B6 (as pyridoxine HCl)	100 mg	5,000%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	100 mcg	1,667%
Biotin	100 mcg	33%
Pantothenic acid (as D-calcium pantothenate)	100 mg	1,000%
Choline bitartrate	100 mg	*
Inositol	100 mg	*
PABA	100 mg	*
Food based nutrients	0.6 mg	*
Alfalfa leaf, brewer's yeast, lecithin, parsley leaf, rice bran, watercress leaf		

*Daily value not established.

For more info, visit us at www.windmillvitamins.com

NO SUGAR, STARCH, WHEAT, MILK,
ARTIFICIAL FLAVORS OR
PRESERVATIVES

Distributed by Windmill™ Health Products,
6 Henderson Drive, West Caldwell, NJ 07006

Other ingredients: Microcrystalline cellulose, stearic acid, dicalcium phosphate, croscarmellose sodium, magnesium stearate, silica and pharmaceutical glaze. Contains Soy.