

100
CALORIES

25g
PROTEIN

<1g
CARBS

Directions for Use

Add one level scoop to 8oz. of water, nonfat milk, or your favorite beverage. You can use more or less liquid to meet your desired taste and calorie needs. Shake well in a shaker until dissolved. Whey protein can be added to any food, including yogurt.

About Time® doesn't believe in sacrificing one good thing for another, we want it all! That's why we develop products that stand for great quality AND great taste. In addition, we appreciate simplicity which is why our protein powder has 5 ingredients or less that you can actually pronounce.


About Time® is blended and packaged at our own facility in Pittsburgh, PA and we source our whey from dairy farms in the United States of America.


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ABOUTTIME®

Whey Protein Isolate



 Sweetened with Stevia

 Lactose Free

 No Artificial Sweeteners

 Gluten Free



BIRTHDAY CAKE

Net Wt. 2 lbs. (908g)

TYPICAL AMINO ACID PROFILE

Amount/Serving	
L-Alanine	1,240 mg
L-Arginine	566 mg
L-Aspartic Acid	2,616 mg
L-Cystine	701 mg
L-Glutamic Acid	4,611 mg
L-Glycine	431 mg
L-Histidine †	404 mg
L-Isoleucine ‡	1,510 mg
L-Leucine ‡	2,616 mg
L-Lysine †	2,616 mg
L-Methionine †	539 mg
L-Phenylalanine	782 mg
L-Proline	1,483 mg
L-Serine	988 mg
L-Tyrosine	728 mg
L-Tryptophan ‡	431 mg
L-Threonine †	1,645 mg
L-Valine ‡	1,240 mg

† Essential Amino Acids
‡ BCAA's
‡ The L-Tryptophan indicated is from naturally occurring sources of protein

Supplement Facts

Serving Size: 1 scoop (28.4g)
Servings per container: 32

Amount/Serving		% Daily Value †
Calories	100	Calories from fat: 0
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	**
Cholesterol	1mg	0%
Sodium	41mg	2%
Potassium	63mg	2%
Total Carbohydrate	<1g	0%
Dietary Fiber	0g	0%
Sugars	0g	**
Protein	25g	50%
Vitamin A		0%
Vitamin C		0%
Calcium		25%
Iron		0%
Phosphorus		0%

† Percent Daily Value based on a 2,000 calorie diet.
**Percent Daily Value not established.

INGREDIENTS:
Non-GMO Cold Processed Ultra Micro-filtered Whey Isolate, Natural Flavors, Xanthan Gum, Stevia.

ALLERGEN STATEMENT:
Produced in a facility that uses soy, peanut, tree nut and egg ingredients. Contains milk and sunflower lecithin.

RICH IN BRANCHED-CHAIN AMINO ACIDS

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