Directions
Add one level scoop (24.3 grams) of **Natural Whey** to a 3-4 oz glass of water, milk, juice or blend with yogurt and fruit. When mixing, add liquid first, then powder and stir briskly until completely dispersed. **Low Carbohydrate Diet (Weight Management Program)**: Recommended 1 scoop daily for those trying to increase their dietary protein intake while decreasing intake of carbohydrates.

Special Processing & Blend
Natural Whey provides an optimal source of whey protein by combining an ultrafiltered, low temperature processed whey protein concentrate with cross flow microfiltered whey protein isolate. These specialized processing systems ensure a High Biological Value (HBV) whey source in the form of whole proteins in their biologically active state. **Natural Whey** is also remarkably high in Branched Chain Amino Acids (BCAAs), which are the most required amino acids needed to replenish muscle stores that are utilized during strenuous exercise.**

The Next Generation Protein
The biochemists at **MRM®** have taken protein supplementing to the next level without the worry of wasting ingested protein. The addition of **Digest-ALL® AP** helps breakdown long and short chain peptides into smaller, more readily absorbable amino acids for maximum absorption and retention.** **Digest-ALL® AP** helps the body release more amino acids directly into the muscles to increase muscle size, strength and lean body mass.**

Added L-Glutamine
Natural Whey also contains 1g of L-Glutamine (in addition to naturally occurring L-Glutamic acid) per serving to decrease recovery time following exercise.**

Supports Immune Health
Specific characteristics of whey proteins have shown an ability to support immune health.** Whey protein contains high amounts of cysteine and other substrates used in the synthesis of Glutathione.** Glutathione is a major antioxidant and supports immune health.**

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Lot #: (See Bottom)
Best if used by: (See Bottom)

Formulated by & Manufactured for:
mRm
2665 Vista Pacific Dr.
Oceanside, CA 92056 USA
www.mrm-usa.com • 1-800-948-6296

09140002

MRM®

NATURAL Whey

• NO ARTIFICIAL FLAVORS OR SWEETENERS •
• HORMONE FREE AND BSE FREE •

FITNESS** RECOVERY** STRENGTH** GLUTEN-FREE

RICH VANILLA

DIETARY SUPPLEMENT
NET WT 2.03LBS (923G)

MIXES INSTANTLY
38 SERVINGS

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Supplement Facts

Serving Size 1 Scoop (approx. 24.3 grams)
Servings Per Container - 38

Amount Per Serving		% Daily Value*
Calories	90	
Calories from Fat	10	
Total Fat	1g	2%
Saturated Fat	0g	0%
Trans Fat	0g	†
Cholesterol	20mg	7%
Sodium	40mg	2%
Potassium	110mg	3%
Total Carbohydrates	2g	1%
Dietary Fiber	<1g	2%
Sugars	1g**	†
Protein	18g	36%
Vitamin A 0% • Vitamin C 1%		
Calcium 15% • Iron 0%		

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Typical Amino Acid Profile Per 24.3g Scoop

Alanine	800mg
Arginine	400mg
Aspartic Acid	1910mg
Cysteine	220mg
Glutamic Acid	3000mg
L-Glutamine	1000mg
Glycine	400mg
Histidine	250mg
Isoleucine	1110mg
Leucine	1630mg
Lysine	1540mg
Methionine	330mg
Phenylalanine	530mg
Proline	1070mg
Serine	910mg
Threonine	1040mg
Tryptophan	380mg
Tyrosine	440mg
Valine	1040mg

The Protein Blend in Natural Whey contains the following supportive immunofactors:
48-52% beta-lactoglobulin
18-22% alpha-lactoglobulin
20-22% glyco-macro-peptide
2% immunoglobulins
0.5-1% lactoferrin

NO SUGARS ADDED. Sugars naturally occur in Whey Proteins and natural flavoring.

Ingredients: NAT-PRO OPTIMIZER [Ultrafiltered, Low Temperature Processed Whey Protein Concentrate (milk), Crossflow Microfiltered Whey Protein Isolate (milk), L-Glutamine, Soy Lecithin & Digest-ALL® AP (a vegan enzyme blend)], Natural Vanilla Flavor, TreLEAFia™ (Stevia Leaf Extract, Trehalose, and Monk Fruit Extract), Carrageenan and Salt.

Contains milk and soy.

Contains NO peanut, tree nut, fish, shellfish, wheat, gluten or yeast.

Contains less than 1% soy lecithin.

This product is manufactured in a facility that produces other products that contain egg.

- No MSG
- No Aspartame or Acesulfame K

TreLEAFia™ SWEETNESS BY NATURE

PRODUCED IN A CERTIFIED FACILITY GMP MANUFACTURING PRACTICES

Please Recycle