

**HMB** is a critical metabolite of the essential amino acid, L-leucine, and a key component of branched chain amino acids (BCAA's). **HMB** supports significant increases in muscle strength and body composition (lean body mass) when combined with resistance training.\*\* **HMB** promotes muscle growth while providing support against protein breakdown.\*\* Building and maintaining muscle is difficult at best, but with the help of **HMB** your goal is that much closer. Increase strength in less time, assist muscle recovery and support increased endurance.\*\*

\*\* This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

6 09492 72110 \_

Lot#  
Best if used by:

0714W001



# HMB 1000

## MUSCLE MAINTENANCE

- HELPS IMPROVE MUSCLE STRENGTH & BODY COMPOSITION\*\*
- PROVIDES SUPPORT AGAINST MUSCLE PROTEIN BREAKDOWN\*\*
- ASSISTS MUSCLE RECOVERY & SUPPORTS INCREASED ENDURANCE\*\*



MUSCLE\*\*

DIETARY SUPPLEMENT  
60 CAPSULES



STRENGTH\*\*

\*\*This statement has not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent any disease.

**Suggested Usage:** As a dietary supplement take 1 capsule 2-3 times daily with a protein source or as directed by your qualified healthcare provider.

### Supplement Facts

Serving Size - 1 Capsule

Servings Per Container - 60

Amount Per Serving	%Daily Value*
Calcium 130mg (from Calcium Beta-Hydroxy Beta-Methylbutyrate Monohydrate)	13%
Calcium HMB 1,000mg (as Calcium Beta-Hydroxy Beta-Methylbutyrate Monohydrate)	†
Leucine 100mg	†

\*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

**Other Ingredients:** Magnesium stearate. Capsule made of gelatin.

Contains **NO** milk, soy, egg, peanut, tree nut, fish, shellfish, wheat, gluten or yeast.

Nutritional uses of Calcium  $\beta$ -Hydroxy  $\beta$ -Methylbutyrate Monohydrate **HMB** are licensed to MRM under U.S. Patent # 6,103,764. Use of the trademark **HMB** is licensed from Metabolic Technologies, Inc.

Formulated by & Manufactured for:  
MRM • 2665 Vista Pacific Dr.  
Oceanside, CA 92056 USA  
www.mrm-usa.com • 1-800-948-6296

