

HMB is a critical metabolite of the essential amino acid, L-leucine, and a key component of branched chain amino acids (BCAA's). **HMB** supports significant increases in muscle strength and body composition (lean body mass) when combined with resistance training.** **HMB** promotes muscle growth while providing support against protein breakdown.** Building and maintaining muscle is difficult at best, but with the help of **HMB** your goal is that much closer. Increase strength in less time, assist muscle recovery and support increased endurance.**

** This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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Lot#
Best if used by:



HMB 1000

MUSCLE MAINTENANCE

- HELPS IMPROVE MUSCLE STRENGTH & BODY COMPOSITION** •
- PROVIDES SUPPORT AGAINST MUSCLE PROTEIN BREAKDOWN** •
 - ASSISTS MUSCLE RECOVERY & SUPPORTS INCREASED ENDURANCE** •



MUSCLE**

DIETARY SUPPLEMENT
60 CAPSULES



STRENGTH**

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Suggested Usage: As a dietary supplement take 1 capsule 2-3 times daily with a protein source or as directed by your qualified healthcare provider.

Supplement Facts

Serving Size - 1 Capsule

Servings Per Container - 60

| Amount Per Serving | %Daily Value* |
|--|---------------|
| Calcium 130mg (from Calcium Beta-Hydroxy Beta-Methylbutyrate Monohydrate) | 13% |
| Calcium HMB 1,000mg (as Calcium Beta-Hydroxy Beta-Methylbutyrate Monohydrate) | † |
| Leucine 100mg | † |

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Magnesium stearate. Capsule made of gelatin.

Contains **NO** milk, soy, egg, peanut, tree nut, fish, shellfish, wheat, gluten or yeast.

Nutritional uses of Calcium β -Hydroxy β -Methylbutyrate Monohydrate **HMB** are licensed to MRM under U.S. Patent # 6,103,764. Use of the trademark **HMB** is licensed from Metabolic Technologies, Inc.

Formulated by & Manufactured for:
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