

ALLERGY WARNING: This product is contraindicated in an individual with a history of hypersensitivity to any of its ingredients. The omega-3 fatty acids are derived from fish.

PREGNANCY: If pregnant, consult your health-care practitioner before using this product.

INTERACTIONS: There are no known adverse reactions or contraindications at publication date.

Suggested Use:
Take 1 tsp. daily or as recommended by your fitness professional.

TO REORDER shop.lifetimefitness.com



LIFETIME
FITNESS

FOUNDATION

OMEGA EPA

COMPLEX

pure, highly concentrated
liquid fish oil

**Raspberry
Lemonade**

8.45 fl. oz. / 250 mL
helps maintain a normal
inflammatory response and
promotes healthy heart and
brain functioning*

dietary supplement

SUPPLEMENT FACTS

Serving Size: One (5 mL) Teaspoon
Servings Per Container: 50

Approximate Amount Per Serving	%DV
Calories	45
Calories from Fat	45
Total Fat	4.5 g 7%*
Saturated Fat	1.5 g 8%*
Trans Fat	0 g 0%
EPA (Eicosapentaenoic Acid)†	700 mg **
DHA (Docosahexaenoic Acid)†	440 mg **

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value (DV) not established

Other Ingredients: Flavors, Sunflower Lecithin, Mixed Tocopherois (non-GMO), Astaxanthin, Rosemary extract (*Rosmarinus officinalis*), Monk Fruit concentrate (fruit) (*Siraitia grosvenorii*), Ascorbyl Palmitate.

Contains an ingredient derived from fish (fish oil = anchovy, sardine, mackerel).

†From fish oil. The fish oil in this product is in the triglyceride form. Refrigerate after opening.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured For: Thorne Research, Inc.
Formulated by: Life Time Fitness, Inc.
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LTF 2759 LTF 275901
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