

Suggested Usage: Children age 4 and up:
Take 2 chewables daily with food.
Children 1-3 years of age: Take 1 or 2
chewables daily with food.

WARNING: Accidental overdose
of iron-containing products is a
leading cause of fatal poisoning
in children under 6. Keep this
product out of reach of children.
In case of accidental overdose,
call a doctor or poison control
center immediately.

Caution: Consult physician
if child is taking medication
or has a medical condition.
Contains Xylitol, do not feed to
pets.

Do Not Eat Freshness Packet.
Keep in Bottle.

Keep Bottle
Tightly Sealed.

Store in a cool, dry
place after opening.
Please Recycle.



*Sweetened with
Xylitol and Stevia*

120 Chewables

A Dietary Supplement Vegetarian/Vegan

Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 2 Chewable Tablets Servings Per Container 60

	Amount Per Serving	%Daily Value for Children Under 4 yrs.	%Daily Value for Children Over 4 yrs.
Calories	5		
Total Carbohydrate	2 g	†	< 1%*
Sugars	0 g	†	†
Xylitol	2 g	†	†
Vitamin A (60% as Retinyl Palmitate and 40% as Beta-Carotene)	5,000 IU	200%	100%
Vitamin C (as Ascorbic Acid)	60 mg	150%	100%
Vitamin D (as Ergocalciferol)	200 IU	50%	50%
Vitamin E (as d-alpha Tocopheryl Succinate)	30 IU	300%	100%
Thiamin (Vitamin B-1) (from Thiamin HCl)	1.5 mg	214%	100%
Riboflavin (Vitamin B-2)	1.7 mg	213%	100%
Niacin (Vitamin B-3) (as Niacinamide)	20 mg	222%	100%
Vitamin B-6 (from Pyridoxine HCl)	2 mg	266%	100%
Folate (as Folic Acid)	400 mcg	200%	100%
Vitamin B-12 (as Cyanocobalamin)	6 mcg	200%	100%
Biotin	300 mcg	200%	100%
Pantothenic Acid (from Calcium Pantothenate)	10 mg	200%	100%
Calcium (from Cal. Citrate and Carbonate)	20 mg	3%	2%
Iron (from Ferrochel® Ferrous Bisglycinate (TRAACS®))	5 mg	50%	28%
Iodine (from Potassium Iodide)	150 mcg	214%	100%
Magnesium (from Magnesium Citrate)	10 mg	5%	3%
Zinc (from Zinc Bisglycinate) (TRAACS®)	3 mg	36%	20%
Manganese (from Mang. Bisglycinate (TRAACS®))	0.1 mg	†	5%

Chromium (from Chromium Picolinate)	120 mcg	†	100%
Molybdenum (from Sodium Molybdate)	75 mcg	†	100%
Potassium (from Potassium Chloride)	5 mg	†	< 1%
Choline (from Choline Bitartrate)	2 mg	†	†
Inositol	2 mg	†	†
PABA	2 mg	†	†
Lutein (from Marigold Extract) (FloraGLO®)	500 mcg	†	†
Lycopene (from Natural Tomato Extract)	500 mcg	†	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Cellulose, Coconut Oil Powder,
Stearic Acid (vegetable source), Beet Powder, Xanthan
Gum, Natural Flavors, Malic Acid, Silica, Magnesium
Stearate (vegetable source), BetterStevia® (Organic
Stevia Extract (Leaf)) and Purified Stevia Extract (Leaf).

Contains soy and coconut oil powder.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, milk, egg, fish
or shellfish ingredients. Produced in a GMP facility that
processes other ingredients containing these allergens.

U.S. Patent 7,838,042 and patents pending, and
the trademark TRAACS® are used under license
from Albion Laboratories, Inc.; Ferrochel® is a
registered trademark of Albion Laboratories, Inc.;
FloraGLO® is a registered trademark of Kemira
Industries, Inc.

Natural color variation may occur in this product.

Tablet speckling which may occur is normal
and does not affect product quality or
nutritional value.



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