

**Suggested Usage:** Take 1 capsule 3 times daily for four days, starting one day before menstrual period. Not for continuous use. Do not exceed recommended dose.

NOW® Cycle Comfort™ is specially formulated for women who experience common mild symptoms associated with their monthly cycle.\* This product is a combination of Ginger and Zinc, each of which has been found in clinical studies to temporarily alleviate mild cramping and pain that often accompanies monthly cycles.\* Use of Cycle Comfort™ during the first few days of the menstrual cycle can ease minor menstrual cramping, pain and discomfort so you get on with your day.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** For adults only. This product is not intended for long-term use; use only as directed. Consult physician if pregnant/nursing, taking medication (especially anticoagulant drugs or NSAIDs), or have a medical condition (especially gallstones or a heart condition). Keep out of reach of children.

CODE 3379B v2



# Cycle Comfort™

Promotes Menstrual Comfort\*

Temporarily Alleviates  
Minor Pain and Cramping\*

48 Veg Capsules

A Dietary Supplement    Vegetarian/Vegan

General Health

Family owned since 1968.

## Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Zinc (from Zinc Bisglycinate) (TRAACS®)	30 mg	200%
Ginger Root ( <i>Zingiber officinale</i> )	250 mg	†

† Daily Value not established.

Other ingredients: Cellulose (capsule), Cellulose Powder, Stearic Acid (vegetable source) and Silica.

NOW FOODS, 395 S. Glen Ellyn Rd.  
Bloomington, IL 60108, USA    nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

U.S. Patent 7,838,042 and patents pending, and the trademark TRAACS® are used under license from Albion Laboratories, Inc.

Do Not Eat Freshness Packet. Keep in Bottle.

