Egg protein has the highest biological value because of its combination of essential amino acids and sulfur containing proteins, all of which can be used by the body for natural, healthy muscle maintenance.** In addition, egg whites are high in protein and contain no cholesterol or fats. This helps you reach your optimal protein absorption without worrying about taking in unwanted components.

MRM's Egg White Protein is perfect for all age groups and active lifestyles. It offers a source of protein that is 100% derived from egg albumen. Produced from a superior extraction process, our egg white concentrate provides a foundation of essential amino acids that mixes easily and tastes better than traditional egg white proteins. **Egg White Protein** contains at least 23 grams of protein per serving and NO artificial flavors, colors, or sweeteners.

- **Promotes Natural, Healthy Muscle Maintenance****
- **No Artificial Flavors, Colors, or Sweeteners**
- **No Cholesterol or Fats**

** This statement has not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent any disease.

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Lot #: (See Bottom)
Best if used by: (See Bottom)

Formulated by & Manufactured for:
MRM
2665 Vista Pacific Dr.
Oceanside, CA 92056 USA
www.mrm-usa.com • 1-800-948-6296

101404003

MRM®

Egg White PROTEIN

• NO ARTIFICIAL FLAVORS OR SWEETENERS •
• HORMONE FREE AND ANTIBIOTIC FREE •

FITNESS** RECOVERY** STRENGTH** GLUTEN-FREE

DIETARY SUPPLEMENT
NET WT 12OZ (340G)

FRENCH VANILLA

MIXES INSTANTLY
10 SERVINGS

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Directions: Add one slightly heaping scoop to 12oz of water, skim milk, whole milk or your favorite beverage and shake or blend for 30-60 seconds. Use one serving daily to add protein to your diet.

Supplement Facts

Serving Size 1 Scoop (approx. 33 grams)
Servings Per Container - 10

Amount Per Serving		% Daily Value*
Calories	100	
Calories from Fat	0	
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	†
Cholesterol	0mg	0%
Sodium	370mg	15%
Potassium	330mg	9%
Total Carbohydrates	2g	1%
Dietary Fiber	0g	0%
Sugars	0g	†
Protein	23g	46%
Vitamin A	0 IU	0%
Vitamin C	0mg	0%
Calcium	26mg	3%
Iron	72mcg	<1%
Riboflavin	680mcg	40%
Phosphorus	30mg	3%

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Typical Amino Acid Profile Per 33g Serving

Alanine	1410mg
Arginine	1340mg
Aspartic Acid	2330mg
Cysteine	630mg
Glutamic Acid	2970mg
Glycine	790mg
Histidine	530mg
Isoleucine	1220mg
Leucine	1940mg
Lysine	1450mg
Methionine	860mg
Phenylalanine	1340mg
Proline	880mg
Serine	1570mg
Threonine	1040mg
Tryptophan	370mg
Tyrosine	900mg
Valine	1570mg

- **No MSG**
- **No Aspartame or Acesulfame K**

Other Ingredients: Instantized Egg Albumen, Natural Vanilla Flavor, Soy Lecithin, Xanthan Gum, Stevia and Digest-ALL® AP (a vegan enzyme blend).

Contains NO peanut, tree nut, fish, shellfish, wheat, gluten or yeast.

Contains egg and soy.

This product is manufactured in a facility that processes other products and may contain trace amounts of milk.

PRODUCED IN A CERTIFIED FACILITY GMP GOOD MANUFACTURING PRACTICES

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