



EXOS114PM  
LEXOS114PM02



Certified For Sport



Precision Nutrition  
approved

## SUPPLEMENT FACTS

Serving Size: Three Capsules

Servings Per Container: 30

Three Capsules Contain:			% DV	Three Capsules Contain:			% DV
Vitamin A (600 IU as Beta Carotene and 400 IU as Palmitate)	1,000 IU	20%		Copper (as Copper (II) Bisglycinate Chelate)	750 mcg	38%	
Vitamin C (as Ascorbic Acid)	150 mg	250%		Manganese (as Manganese (II) Bisglycinate Chelate)	1.5 mg	75%	
Vitamin D3 (as Cholecalciferol)	500 IU	125%		Chromium (as Chromium Nicotinate Glycinate Chelate)	200 mcg	167%	
Vitamin E (as d-Alpha Tocopheryl Acid Succinate)	20 IU	67%		Molybdenum (as Molybdenum (II) Glycinate Chelate)	50 mcg	67%	
Vitamin K (100 mcg as Vitamin K1 (Phytonadione) and 100 mcg as Vitamin K2 (Menaquinone-4))	200 mcg	250%		Proprietary Blend†	200 mg	**	
Folate (as L-5-Methyltetrahydrofolate from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt)	400 mcg	100%		<i>Magnolia officinalis</i> (bark) extract		**	
Biotin	500 mcg	167%		<i>Phellodendron amurense</i> (bark) extract		**	
Calcium (as Calcium Bisglycinate Chelate)	50 mg	5%		Choline Citrate	100 mg	**	
Iodine (as Potassium Iodide)	75 mcg	50%		d-Gamma Tocopherol (from Mixed Tocopherols)	24 mg	**	
Magnesium (as Magnesium Bisglycinate Chelate)	107 mg	27%		Boron (as Bororganic™ Glycine)	2 mg	**	
Zinc (as Zinc Bisglycinate Chelate)	20 mg	133%		Lutein (from Aztec Marigold extract (flower) ( <i>Tagetes erecta</i> ))	600 mcg	**	
Selenium (as L-Selenomethionine)	100 mcg	143%		**Daily Value (DV) not established.			

Other Ingredients: Hypromellose (derived from cellulose) capsule, Microcrystalline Cellulose, Calcium Laurate, Silicon Dioxide.

Tamper Evident: Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

If pregnant consult your health-care practitioner before using this product.

**RELORA**

†This product uses Relora® (a proprietary blend of a patented† extract from *Magnolia officinalis* bark and a proprietary extract from *Phellodendron amurense* bark). Relora is a registered trademark of NPI, LLC. Its use in this product is protected by U.S. Patent No. 6,582,735. Gamma tocopherol does not have a recognized IU equivalent.

POWERED BY THORNE RESEARCH

**EXOS**<sup>TM</sup>  
PERFORMANCE NUTRITION



MULTI-VITAMIN  
ELITE PM

**FOUNDATION**

DIETARY SUPPLEMENT 90 Vegetarian Capsules

### SUGGESTED USE:

Take 3 capsules in the **evening** daily with a meal or as recommended by your health-care or performance professional.

**EXOSfuel.com**

Designed to support  
better rest and recovery\*

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured for:  
THORNE RESEARCH, INC.,  
P.O. BOX 25  
DOVER, IDAHO 83825  
1-800-228-1966