



EXOS114AM
LEXOS114AM01



SUPPLEMENT FACTS

Serving Size: Three Capsules
Servings Per Container: 30

Three Capsules Contain:			% DV	Three Capsules Contain:			% DV
Vitamin A (3,000 IU as Beta Carotene and 2,000 IU as Palmitate)	5,000 IU	100%		Zinc (as Zinc Bisglycinate Chelate)	10 mg	67%	
Vitamin C (as Ascorbic Acid)	250 mg	417%		Selenium (as L-Selenomethionine)	100 mcg	143%	
Vitamin D3 (as Cholecalciferol)	2,000 IU	500%		Copper (as Copper (II) Bisglycinate Chelate)	750 mcg	38%	
Vitamin E (as d-Alpha Tocopheryl Acid Succinate)	20 IU	67%		Manganese (as Manganese (II) Bisglycinate Chelate)	1.5 mg	75%	
Vitamin K (100 mcg as Vitamin K1 (Phytonadione) and 100 mcg as Vitamin K2 (Menaquinone-4))	200 mcg	250%		Chromium (as Chromium Nicotinate Glycinate Chelate)	200 mcg	167%	
Thiamin (as Thiamin HCl)	50 mg	3,333%		Molybdenum (as Molybdenum (II) Glycinate Chelate)	50 mcg	67%	
Riboflavin (as Riboflavin 5'-Phosphate Sodium)	12 mg	706%		Curcumin Phytosome (<i>Curcuma longa</i> extract (root) / Phosphatidylcholine complex)	200 mg	**	
Niacin (as Niacinamide)	60 mg	300%		Green Tea Phytosome (<i>Camellia sinensis</i> extract (leaf) decaffeinated / Phosphatidylcholine complex)	75 mg	**	
Vitamin B6 (as Pyridoxal 5'-Phosphate)	20 mg	1,000%		Choline Citrate	50 mg	**	
Folate (as L-5-Methyltetrahydrofolate from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt)	600 mcg	150%		d-Gamma Tocopherol (from Mixed Tocopherols)	24 mg	**	
Vitamin B12 (as Methylcobalamin)	600 mcg	10,000%		Boron (as Bororganic™ Glycine)	1 mg	**	
Biotin	500 mcg	167%		Lutein (from Aztec Marigold extract (flower) (<i>Tagetes erecta</i>))	300 mcg	**	
Pantothenic Acid (as Calcium Pantothenate)	45 mg	450%					
Calcium (as Calcium Bisglycinate Chelate)	38 mg	4%					
Iodine (as Potassium Iodide)	75 mcg	50%					
Magnesium (as Magnesium Bisglycinate Chelate)	63 mg	16%					

Other Ingredients: Hypromellose (derived from cellulose) capsule, Microcrystalline Cellulose, Calcium Laurate, Silicon Dioxide.

Contains ingredients derived from soy (phytosomes).

Tamper Evident: Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

If pregnant consult your health-care practitioner before using this product.

Gamma tocopherol does not have a recognized IU equivalent.

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EXOS™

PERFORMANCE NUTRITION



MULTI-VITAMIN ELITE A.M.

FOUNDATION

DIETARY SUPPLEMENT 90 Vegetarian Capsules

SUGGESTED USE:

Take 3 capsules in the **morning** daily with a meal or as recommended by your health-care or performance professional.

EXOSfuel.com

**Designed to support
daytime energy***

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured for:
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