S





## SUPPLEMENT FACTS

Serving Size: Two Capsules Servings Per Container: 30

Two Capsules Contain:		% DV
Thiamin (as Thiamin HCI)	10 mg	667%
Riboflavin (as Riboflavin 5'-Phosphate Sodium)	10 mg	588%
Niacin (as Niacinamide)	10 mg	50%
Vitamin B6 (as Pyridoxal 5'-Phosphate)	10 mg	500%
Folate (as L-5-Methyltetrahydrofolate from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt)	200 mcg	50%
Vitamin B12 (as Methylcobalamin)	100 mcg	1,667%
Proprietary Blend†	500 mg	
Magnolia officinalis (bark) extract		*
Phellodendron amurense (bark) extract		*
*Daily Value (DV) not established.		

Other Ingredients: Hypromellose (dervied from cellulose) capsule.

†This product uses Relora® (a proprietary blend of *Magnolia officinalis* bark and *Phellodendron amurense* bark). Relora is a registered trademark of NPI, LLC. and is protected by U.S. Patent No. 6,582,735. If pregnant or nursing, do not use this product; otherwise consult your health-care practitioner before using this product.

POWERED BY THORNE RESEARCH



PERFORMANCE NUTRITION

B VITAMINS & RELORA®

## FOUNDATION

DIETARY SUPPLEMENT

60 Vegetarian Capsules

NO ARTIFICIAL SWEETENERS

VO ARTIFICIAL COLORS

O UNNECESSARY ADDITIVES

## SUGGESTED USE:

Take 2 capsules daily or as recommended by your health-care or performance professional.

**TAMPER EVIDENT:** Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

manufactured by: THORNE RESEARCH, INC. P.O. BOX 25 DOVER, IDAHO 83825 1-800-228-1966