

Amount Per Serving	% DV
Garden Veggies™ Juice Powder Blend 30 mg **	
Parsley; Kale; Spinach; Wheat Grass; Brussels Sprout; Asparagus; Broccoli; Cauliflower; Beet; Carrot; Cabbage; Garlic	
Mind & Body Energy Blend 30 mg **	
Ginkgo biloba Extract (leaf); Siberian Eleuthero (root); Rhodiola Rosea Extract (root) standardized to 3% rosavins and 1% salidroside; Korean Ginseng (root); Gotu Kola (stem, leaf)	
Cardiovascular Blend with Resveratrol 20 mg **	
Hawthorn (berry); Japanese Knotweed standardized to 50% resveratrol; Coenzyme Q10 (ubiquinone)	
Green Food/Spirulina Blend 20 mg **	
Spirulina (microalgae); Kelp/Bladderwrack (whole thallus); Alfalfa (leaf, stem); Barley Grass (grass); Dandelion (leaf); Wheat Grass (grass); Melissa (leaf); Lemon Grass (grass); Nettle (leaf); Blessed Thistle (stem, leaf, flower); Chlorella (broken-cell microalgae); Plantain (leaf); Blue Green Algae (microalgae); Cilantro (leaf)	
Organic Mushroom Defense Blend 20 mg **	
Cordyceps; Reishi; Shiitake; Hiratake; Maitake; Yamabushitake; Himematsutake; Kawaratake; Chaga; Zhu Ling; Agarikon; Mesima	
Digestive Enzyme Blend 20 mg **	
Concentrated enzyme formula (Protease I, Protease II, Amylase, Peptidase, Lactase, Cellulase, Alpha Galactosidase, Invertase, Lipase); Betaine HCl; Bromelain (from pineapple); Papain (from papaya)	
Citrus Bioflavonoid Complex 20 mg **	
(from lemon, orange, grapefruit, lime, tangerine) providing: Hesperidin, Naringin, Narirutin, Eriocitrin, Flavonols and Flavones	
Choline (as choline bitartrate) 20 mg **	
Inositol 20 mg **	
Oat Beta Glucan Concentrate 10 mg **	
Rutin 5 mg **	
Lutein (from marigold) 1 mg **	
Boron (as amino acid chelate) 1 mg **	

Other ingredients: Cellulose, Vegetable stearic acid, Vegetable modified cellulose gum, Silica, Vegetable modified cellulose, Vegetable magnesium stearate, Vegetable glycerin

Contains no salt, sugar, yeast, wheat grain, dairy products, artificial flavoring, colors or preservatives.

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THE MOST COMPLETE ONCE DAILY
MULTI-VITAMIN FOR MEN 50+

Alive! Ultra Potency is nutrition you can feel with more energizing nutrients from more natural sources than other multi-vitamin brands.

- High potency B-vitamins for energy*
- 1,000 IU of Vitamin D3
- Plant-based Aquamin® calcium
- Potent citrus bioflavonoids
- Prostate, Cardiovascular and Mind & Body Energy support blends*



WHOLE BODY NOURISHMENT
with essential nutrients that help support:

PROSTATE HEALTH* Saw Palmetto, Lycopene, Selenium, Zinc MIND & BODY ENERGY* Ginkgo biloba, Ginseng, Rhodiola, Eleuthero	
BONE HEALTH* Boron, Calcium, Folic Acid, Magnesium, Manganese, Vitamins D & K	COLON HEALTH* Calcium, Folic Acid, Selenium, Vitamin D
DAILY ENERGY* Magnesium, Niacin, Pantothenic Acid, Riboflavin, Thiamin, Vitamin B6	EYE HEALTH* Lutein, Vitamin A (Beta Carotene), Vitamins C & E, Zinc
HEART HEALTH* Folic Acid, Pomegranate, Resveratrol, Vitamins B6, B12, C & E	IMMUNE DEFENSE* Antioxidants, Selenium, Vitamins A, C & D, Zinc

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Nature's Way

Alive!

Once Daily

Men's 50+ ULTRA POTENCY

MULTI-VITAMIN & WHOLE FOOD ENERGIZER™

26 Fruits & Vegetables • Green Foods • Mushrooms
Enzymes • Antioxidants • Lutein • Resveratrol

DIETARY SUPPLEMENT • 60 TABLETS

Recommendation: Take 1 tablet daily, preferably with food. As with any supplement, if you are taking medication consult your doctor before use. Not formulated for women or children. Do not exceed recommended use.

Supplement Facts

Serving Size 1 Tablet / Servings Per Container 60

Amount Per Serving		% DV
Vitamin A (50% [3,750 IU] as Vitamin A acetate and 50% [3,750 IU] as beta carotene)	7,500 IU	150%
Vitamin C (ascorbic acid)	175 mg	292%
Vitamin D (as cholecalciferol)	1,000 IU	250%
Vitamin E (as d-alpha tocopheryl succinate)	120 IU	400%
Vitamin K (as phytonadione)	80 mcg	100%
Thiamin (as thiamin mononitrate)	25 mg	1,667%
Riboflavin (Vitamin B2)	25 mg	1,471%
Niacin (as niacinamide)	50 mg	250%
Vitamin B6 (as pyridoxine HCl)	40 mg	2,000%
Folic Acid	800 mcg	200%
Vitamin B12 (as cyanocobalamin)	225 mcg	3,750%
Biotin	325 mcg	108%
Pantothenic Acid (as d-calcium pantothenate)	40 mg	400%
Calcium (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant])	100 mg	10%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant], as oxide)	50 mg	13%
Zinc (as zinc oxide)	30 mg	200%
Selenium (as sodium selenate)	250 mcg	357%
Copper (as copper sulfate)	4 mg	200%
Manganese (as manganese sulfate)	5 mg	250%
Chromium (as chromium picolinate)	250 mcg	208%
Molybdenum (as sodium molybdate)	75 mcg	100%
Potassium (as potassium chloride)	5 mg	<1%
Prostate Blend with Lycopene Saw Palmetto (berry); Tomato Extract (fruit) providing 1 mg (1,000 mcg) of lycopene	105 mg	**
Orchard Fruits™ Blend Pomegranate (seed); Açai Extract (whole palm fruit); Juice Powders: Grape; Plum; Cranberry; Blueberry; Strawberry; Blackberry; Bilberry; Cherry; Apricot; Papaya; Orange; Pineapple	30 mg	**

SATISFACTION GUARANTEED. Safety sealed for your protection with printed outer shrinkwrap and printed inner freshness seal under bottle cap. Do not use if either seal is broken or missing. Store at room temperature. Keep bottle tightly closed. **Keep out of reach of children.**



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