

Available in
the vitamin aisle

Similac®

PRENATAL & BREASTFEEDING

LUTEIN
& DHA

Nutrients For
Mom & Baby

DIETARY SUPPLEMENT

7 DHA/LUTEIN SOFTGELS
7 MULTIVITAMIN AND MINERAL TABLETS



DHA/Lutein Softgel

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value For Pregnant/ Lactating Women
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	-
Vitamin E (as d-Alpha Tocopherol)	30 IU	100%
DHA (Docosahexaenoic Acid, from Fish Oil Concentrate (Anchovy, Sardine, Jack Mackerel, Tuna))	200 mg	-
Lutein (from Marigold Flower [Tagetes erecta])	6 mg	-

*Daily Value not established.

OTHER INGREDIENTS: GELATIN, GLYCERIN,
WHITE BEESWAX, SAFFLOWER OIL, WATER,
SOY LECITHIN, ANNATTO EXTRACT.
CONTAINS SOY INGREDIENTS.

MANUFACTURED IN A FACILITY THAT PROCESSES
MILK, WHEAT, FISH, SHELLFISH, EGG, PEANUT AND
TREE NUT INGREDIENTS.

Multivitamin and Mineral Tablet

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value For Pregnant/ Lactating Women
Vitamin A (50% as Beta-Carotene, 50% Vitamin A Palmitate)	4,000 IU	50%
Vitamin C (as Ascorbic Acid)	120 mg	200%
Vitamin D (as Cholecalciferol)	600 IU	150%
Thiamin (as Thiamine Mononitrate)	1.8 mg	106%
Riboflavin	1.7 mg	85%
Niacin (as Nicotinamide)	20 mg	100%
Vitamin B ₆ (as Pyridoxine Hydrochloride)	2.6 mg	104%
Folic Acid	800 mcg	100%
Vitamin B ₁₂ (as Cyanocobalamin)	8 mcg	100%
Biotin	35 mcg	12%
Pantothenic Acid (as Calcium D-Pantothenate)	10 mg	100%
Calcium (as Calcium Carbonate)	300 mg	23%
Iron (as Ferrous Fumarate)	27 mg	150%
Iodine (as Potassium Iodide)	210 mcg	140%
Magnesium (as Magnesium Oxide)	200 mg	44%
Zinc (as Zinc Oxide)	15 mg	100%
Selenium (as Sodium Selenate)	70 mcg	-
Copper (as Copper Gluconate)	2 mg	100%
Manganese (as Manganese Gluconate)	2.6 mg	-
Chromium (as Chromium Chloride)	45 mcg	-
Molybdenum (as Sodium Molybdate)	50 mcg	-

*Daily Value not established.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE,
CROSCARMELOLOSE SODIUM, HYPPROMELLOSE, TITANIUM DIOXIDE,
POLYDEXTRIN, SILICON DIOXIDE, MAGNESIUM STEARATE, TALC,
MALTODEXTRIN, MEDIUM CHAIN TRIGLYCERIDES.

MANUFACTURED IN A FACILITY THAT PROCESSES MILK, WHEAT,
FISH, SHELLFISH AND TREE NUT INGREDIENTS.

WARNING: ACCIDENTAL OVERDOSE OF IRON-CONTAINING PRODUCTS IS A
LEADING CAUSE OF FATAL POISONING IN CHILDREN UNDER 6. **KEEP THIS
PRODUCT OUT OF REACH OF CHILDREN.** IN CASE OF ACCIDENTAL
OVERDOSE, CALL A DOCTOR OR POISON CONTROL CENTER IMMEDIATELY.

Manufactured for:
ABBOTT NUTRITION
ABBOTT LABORATORIES
3300 STELZER RD.
COLUMBUS, OHIO
43219-3034 USA

Have questions?
Call 1-800-515-7677,
8:30 am-5:00 pm,
Eastern time, weekdays.
www.Similac.com

Directions: Take one tablet and one
softgel daily with food.

Always inform your doctor about the
use of dietary supplements. Do not
use this product in combination with
other dietary supplements.

**Store at room temperature. Avoid
extreme temperatures.**

**Do not use this product if blister seal is
punctured, torn or missing.
KEEP OUT OF REACH OF CHILDREN.**

**SAMPLE
NOT TO BE SOLD**