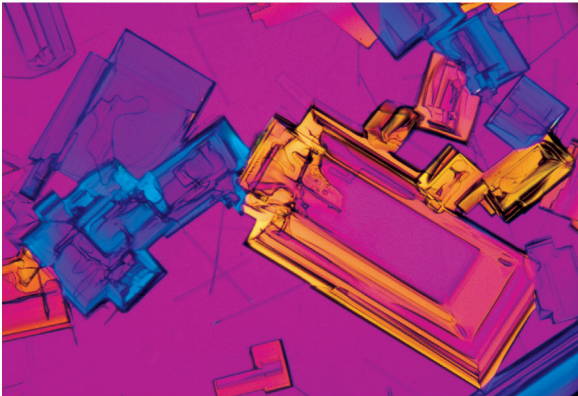


THORNE
RESEARCH



DAILY BASIC
NUTRIENTS PACKET
BASIC NUTRIENTS V • POLYRESVERATROL-SR •
OMEGA PLUS

60 SINGLE-SERVING PACKETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: One Packet
Servings Per Container: 60 Packets

Each Packet Contains:

BASIC NUTRIENTS V — 3 Capsules

Three Capsules Contain:	% DV	Three Capsules Contain:	% DV	Three Capsules Contain:	% DV
Vitamin A (6,250 IU from Mixed Carotenes and 1,250 IU as Palmitate)	7,500 IU 150%	Folate (250 mcg as Calcium Folate and 250 mcg as L-5-Methyltetrahydrofolate from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt)	500 mcg 125%	Zinc (as Zinc Picolinate)	7.5 mg 50%
Vitamin C (as Ascorbic Acid)	425 mg 709%	Vitamin B12 (112.5 mcg as Adenosylcobalamin and 112.5 mcg as Methylcobalamin)	225 mcg 3,750%	Selenium (as L-Selenomethionine)	100 mcg 143%
Vitamin D (as Vitamin D3)	500 IU 125%			Copper (as Copper Picolinate)	750 mcg 38%
Vitamin E (as d-Alpha Tocopheryl)	200 IU 667%	Biotin	200 mcg 67%	Manganese (as Manganese Picolinate)	3 mg 150%
Vitamin K (as Vitamin K1)	50 mcg 63%	Pantothenic Acid (as Calcium Pantothenate)	206.5 mg 2,065%	Chromium (as Chromium Chelidamate Arginate)	100 mcg 84%
Thiamin (as Thiamin HCl)	20 mg 1,334%	Calcium (as Calcium Citrate-Malate)	150 mg 15%	Molybdenum (as Molybdenum Picolinate)	50 mcg 67%
Riboflavin (as Riboflavin 5'-Phosphate Sodium)	5.5 mg 324%	Magnesium (as Magnesium Citrate-Malate)	142.5 mg 36%	Potassium (as Potassium Citrate-Malate)	45 mg 2%
Niacin (65 mg as Niacinamide and 15 mg as Niacin)	80 mg 400%			Choline Citrate	50 mg *
Vitamin B6 (as Pyridoxal 5'-Phosphate)	5 mg 250%			Boron (as Boron Picolinate)	1.5 mg *
				Vanadium (as Vanadium Picolinate)	50 mcg *
					*Daily Value (DV) not established.

Other Ingredients for Basic Nutrients V: Hypromellose (derived from cellulose) capsule, Leucine, Silicon Dioxide.

Suggested Use: Take 1 Daily Basic Nutrients Packet two times daily or as recommended by your health-care practitioner.
Tamper Evident: Use only if bottle is sealed.
If pregnant, consult your health-care practitioner before using this product.
Store tightly sealed in a cool, dry place.



Manufactured For: Thorne Research, Inc.
P.O. Box 25, Dover, Idaho 83825 USA
1-800-228-1966 www.thorne.com

POLYRESVERATROL-SR — 1 Capsule

One Capsule Contains:	% DV
Curcumin Phytosome† (<i>Curcuma longa</i> extract (root) / Phosphatidylcholine complex)	50 mg *
Green Tea Phytosome† (<i>Camellia sinensis</i> extract (leaf) / Phosphatidylcholine complex)	50 mg *
Quercetin (water-soluble)	50 mg *
Trans-Pterostilbene	50 mg *
Trans-Resveratrol	50 mg *
*Daily Value (DV) not established.	

Other Ingredients for PolyResveratrol-SR: High and low viscosity hydroxypropyl methylcellulose and MagnesiumCitrateLaurate (Time-Sorb††), Hypromellose (derived from cellulose) capsule, Leucine, Silicon Dioxide.
Contains ingredients derived from soy (phytosomes).
† PolyResveratrol-SR uses Indena S.p.A.'s curcumin phytosome (Meriva®) and green tea phytosome (Greenselect®). Meriva and Greenselect are registered trademarks of Indena S.p.A.
†† The ingredients in PolyResveratrol-SR are complexed with Time-Sorb®, a time-release matrix.

OMEGA PLUS — 1 Gelcap

One Gelcap Contains:	% DV
Calories	10
Calories from Fat	10
Total Fat	1 g 2%*
EPA (Eicosapentaenoic Acid) (from Fish Oil)	300 mg **
DHA (Docosahexaenoic Acid) (from Fish Oil)	200 mg **
GLA (Gamma Linolenic Acid) (from Borage Oil)	40 mg **
*Percent Daily Values are based on a 2,000 calorie diet. **Daily Value (DV) not established.	

Other Ingredients: Gelatin (bovine), Purified Water and Glycerin (vegetable source) gelcap, Vitamin E (mixed tocopherols).

Contains ingredients derived from fish (fish oil = anchovy, sardine, mackerel).



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