

WHO WE ARE Universal Nutrition has been providing cutting edge and staple nutritional supplements to bodybuilders and hard training athletes the world over since 1977. As time passes, certain ideals never go out of style. Honesty. Integrity. Respect. These are the values we uphold and are the bedrock Respect. These are the values we uponou and are the bearook upon which we built our business. WHAT IT IS Gain Fast™ from Universal is powerful and massive anabolic weight gaining formula. Gain Fast™ is protein-rich, complex carbohydrate-dense and packed with advanced anabolic gaining agents, all designed to help target the cellular growth areas of your body. The exclusive "Get Big Quick" Formula lets you exceed the weight entire beginning beginning by furface your body. weight gaining barriers by fueling your body with an incredible 3100+ quality calories. HOW WE BACK IT UP What is on the label is in the bottle and what is in the bottle will help you reach your goals. We guarantee it. Backed by our 100% ironclad money back guarantee, we proudly stand behind every item we produce. If for whatever reason you are not satisfied with any product bearing our name, simply return it to your place of purchase with a receipt for a full refund. Our word is our bond.

"Get Big Quick" Formula | Engineered for Maximum Gains in Mass & Size | High in Protein & Complex Carbs

MADE PROUDLY IN THE U.S.A. Formulated, Tested & Manufactured By

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F0810-G

VANILLA SHAKE

Supplement Facts

Calories	868	- 0	Alpha Lipoic Add (ALA)	
Calories from Fat	72	- mon di	L-O mithine HO	
Total Fat	89	14%*	Saw Palmeto	
Saturated Fat	19	5%*	Metabolic Optimizers & 750mg	
Trans Fat	09	0%*	Performance Factors	
Cholesterol	3mg	1%*	Kola Nut Powder	
Total Carbohydrate	162g	54%*	Korean Ginseng	
Dietary Fiber	40	16%*	MilkThistle	
Sugars	77g		Beta-Alanine	
Protein	370	74%*	Bromdain Lipotropics & Ergogenics 900mg	
Vitamin A	4750IU	95%	Creatine Monohydrate	
Vitamin C	60 mg	100%	Inositol	
Wamn 0	380IU	95%	Choline Bitutists	
Vitamin E	30IU	100%	L-Gutamoe	
Thiamin	1.5 mg	100%	L-Carnitine	
Riboflavio	2.04mg	120%	Gain Fast Specialized 37,000mg	
Nacin	19 mg	95%	Amino Acid Complex	
Vitamin 96	1.9 mg	95%	L-Glirtanic Acid	
Folic Acid	380mcg	95%	L4 excine	
Vitumin 812	5.7mcg	95%	L-Aspartic Acid	
Caldium	1000 mg	100%	L-Cysine .	
Phosphorous	950 mg	95%	L-Threonine	
Magnesium	100 mg	25%	L-isoleucine	
Zinc	7.5mg	50%	L-Valne	
Selenium	10.5mcg	15%	L-Proline	
Sodium	920 mg	38%*	L-Alanine	
Potassium	700 mg	20%	L-Serine	
15			L-Phenylalanine	
Anabolic Gaining Agents			L-Tyrosine	
Arginine Alpha-Ketoglutarate (AKG)			L-Cystine	
Beta Sitosterol: **			L-Arginine	
Mura Prama			L-Methionine	
Kudzu Root Powder		LHistoine		
5-Methyl-7-Methoxylsoftayone ***			L-Glycine	
7-Isopropovy-Ipriflavone ***			L-Tryptoph an	

DOSADE: Mix 5 scoops of Gain Fast* with 16 or of your beverage of choice. Mix thoroughly (preferably in a blander with 16 or of your beverage of choice. Mix thoroughly (preferably in a blander with crushed or for a rich. Mix. delicious, tonly milk shale). For best results, then one to tree partitioner, seeming of disch Fast* duly in addition to regular mals. Use in conjunction milks a procedure rule in original control milks and sold or seeming of disches and 30 of bath Fast half recipie into, wint war animous half thin cannot be first enduriner 'Get Big Quick' formula, you can get over \$100 cables from why any program. With Gain first's enduriner 'Get Big Quick' formula, you can get over \$100 cables from why any program of calories.

NOTE: Do not use as your sole source of calories.

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STRAWBERRY SHAKE

Supplement Facts

Serving Size 2.28g (-5 Scoops) Servings Per Container - 20						
Amount Per Serving		%07	Amount Per Serving			
Calores	868		Alpha Lipoic Acid (ALA)			
Calories from Fat	72	-0.505	L-Ormithine HC1			
Total Fid	89	14%	Saw Palmetto			
Saturated Fait	1g	5%*	Metabolic Optimizers &			
Trans Fat	00	.0%*	Performance Factors			

PINA COLADA SHAKE

Supplement Facts

DE PARTIE		1000000	The second second	
Amount Per Serving		%DV	Amount Per Serving	
Calories	886		Alpha Lipoic Add (ALA)	
Calories from Fat	90		L-Omithine HO	
Total Fat	100	15%1	Saw Palmetto	
Saturated Fat	19	5%	Metabolic Optimizers & 750mg	
Trans fat	00	0%*	Performance factors	
Cholesterol	3mg	4%	Kola Nut Powder	
Total Carbo hydrate	162g	56%*	Korean Ginseng	
Dietary Fiber	40	16%*	Milk Thistle	
Supars	800	**	Sets-Alanine	
Protein	370	74%*	Bromelain	
Vitamin A	4750tJ	95%	Lipotropios & Ergogenics 900mg Crestine Monohydrate	
Vitamin C	60mg	100%	Loositol	
Vitamin 0	380fJ	95%	Choline Bitartiste	
Vitamin E	30fU	100%	L-Glutanine	
Thianin	1.5mg	100%	L-Camtine	
Riboflavin	2.04mg	120%	Gain Fast Specialized 37,000mg	
Nacin	19mg	95%	Amino Acid Complex	
Vitamin 96	1.9mg	95%	L-Glutamic Acid	
Folic Acid	380mcg	95%	L-Leucine	
Vitamin 812	5.7mcg	95%	L-Aspartic Acid	
Caldum	1000mg	100%	L-Lysine	
Phosphorous	95 0 mg	95%	L-Threorane	
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Weight Gain Supplement Net Wt 10 lb (4.55kg)

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