

Suggested Usage: Take 1 softgel 1 to 2 times daily with food as needed.

Castor Oil is an oil derived from the beans of the castor plant (*Ricinus communis*). Castor Oil has long been recognized as a powerful laxative that may be used for the relief of occasional constipation.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Castor oil is a laxative. This product is not intended for pregnant or nursing women. Consult physician if taking medication or have a medical condition (including any gastric or intestinal disorders). Do not exceed recommended dose. This product is not intended for long term use. Discontinue use if gastric upset or diarrhea occurs. Keep out of reach of children. Natural color variation may occur in product.

CODE 1723 V4



Castor Oil

650 mg

Natural Laxative*

- Supports Digestive Regularity*
- With Fennel Oil



120 Softgels
A Dietary Supplement

Nutritional Oils

Family owned since 1968.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	< 1%*
Castor Oil (<i>Ricinus communis</i>) (Seed) (Cold-Pressed, Hexane-Free)	650 mg	†
Fennel Oil (<i>Foeniculum vulgare</i>) (Fruit)	10 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Softgel Capsule (gelatin, water, glycerin).

NOW FOODS, 395 S. Glen Ellyn Rd.
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Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

Please Recycle.

