

Do not use if printed seal under cap is broken or missing

# Supports Energy Metabolism\*



Member's Mark.  
QUALITY GUARANTEED



actual size

## super B-complex with 1000 mcg Biotin

- With eight B Vitamins + Vitamin C

**300**  
**Tablets**  
**dietary**  
**supplement**

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Vitamin C 60 mg	100%
Thiamin 25 mg	1,667%
Riboflavin 20 mg	1,176%
Niacin 25 mg	125%
Vitamin B6 5 mg	250%
Folic Acid 400 mcg	100%
Vitamin B12 100 mcg	1,667%
Biotin 1000 mcg	333%
Pantothenic Acid 5.5 mg	55%
Sodium 10 mg	<1%

**Ingredients:** Dicalcium Phosphate, Microcrystalline Cellulose, Sodium Ascorbate, Thiamine Mononitrate, Niacinamide, Riboflavin, Croscarmellose Sodium, Stearic Acid, Calcium Pantothenate, Pyridoxine Hydrochloride, Calcium Silicate, Hypromellose, Magnesium Stearate, Biotin, Polyethylene Glycol, Folic Acid, Cyanocobalamin.

**Suggested Use:** Adults, take one tablet daily with the meal of your choice.

**Caution:** If you are pregnant or nursing a baby, taking any medication, or have a medical condition, consult a doctor before taking this product.

**Keep out of reach of children.**

Note: Natural color variation may occur

Store in a dry place at room temperature (59°F-86°F).

**Questions or comments? 1-800-809-0469**

DISTRIBUTED BY:  
SAM'S WEST, INC.  
BENTONVILLE, AR 72716

**GLUTEN  
FREE**



For comments or suggestions,  
call us toll-free at 1-800-809-0469  
from 7:30 a.m. to 5:00 p.m. EST Monday - Friday



**GOOD  
AREA**