Complete E is an all natural, Full Spectrum Vitamin E with added Tocotrienols, CoQ10, Alpha Lipoic Acid (ALA) and Vitamin C. Vitamin E, specifically gamma tocopherol, is well known for its powerful antioxidant properties.** Like Vitamin E, Tocotrienols exhibit antioxidant protection, especially against lipid peroxidation, therefore rendering powerful support for cardiovascular health.** ALA and Vitamin C substantially add to Vitamin E's ability to scavenge free radicals.**

- **Complete Antioxidant Protection**
- **Advanced Complex with 35mg of Tocotrienols from Palm Fruit Extract**
- **With added Vitamin E Recyclers- ALA & Vitamin C**

Distributed by & Manufactured For:
MRM
2451 Vista Pacific Dr. • Oceanside, CA 92056 USA
www.mrm.com • 1-800-969-4MRM

GMP QUALITY ASSURANCE

**This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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Lot#
Best if used by:

MRM

Complete E

Full Spectrum Vitamin E

With Gamma Tocopherol & Tocotrienols

DIETARY SUPPLEMENT
60 SOFTGELS

** This statement has not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent any disease.

Suggested Usage: Take 2 softgels daily with a meal or as directed by your qualified health care provider.

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 30

Amount Per Serving		%Daily Value*
Vitamin E (as d-alpha tocopherol) (Natural Tocopherol Mixture & Palm Fruit Extract)	400 IU	1,333%
Vitamin C (as ascorbyl palmitate)	120mg	200%
Natural Tocopherol Mixture		
d-alpha tocopherol	254mg	†
d-beta tocopherol	15mg	†
d-delta tocopherol	120mg	†
d-gamma tocopherol	290mg	†
Palm Fruit Tocotrienol Extract (Supplying 35mg d-Tocotrienols)		
d-alpha tocotrienol	13mg	†
d-beta & delta tocotrienol	6mg	†
d-gamma tocotrienol	16mg	†
d-alpha tocopherol	8.75mg	†
Phytosterols	5mg	†
Alpha Lipoic Acid	50mg	†
CoEnzyme Q10	30mcg	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Softgel (Gelatin, Glycerin, Purified Water, and Caramel), and Beeswax

Contains **NO** milk, egg, peanut, tree nut, fish, shellfish, wheat, gluten, yeast, or artificial colors.

Vitamin E from palm fruit and soy derivatives.